



Comhairle Contae Lú
Louth County Council

JRSO



Junior Road Safety Officer's Pack

How to help your school stay safer on the road

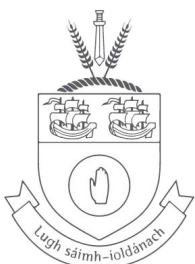
Acknowledgement

The Junior Road Safety Officers Pack for Louth County Council has been produced with the assistance of the Department for Infrastructure (NI) with assistance from Transport for London. We would like to thank the Department for Infrastructure (NI) and Transport for London for allowing us to reproduce elements of their Junior Road Safety Officers Pack. This pack or any elements used in it may not be copied or reproduced for commercial use without prior written permission of Louth County Council and / or the Department for Infrastructure (NI) and/or Transport for London.



**This pack
belongs to**

Junior Road Safety Officer



Congratulations

You're a Junior Road Safety Officer!



We're the Street Safe Squad. Becky, Peter, Alice and me, James. We'll guide you through this pack and show you how much fun being a Junior Road Safety Officer (JRSO) can be!



Your job is to tell everyone in your school how to stay safe on the road – and to have fun while you do it!



There's information in this pack to help you talk about road safety, run cool competitions, put posters up around your school – and find new ways to get the word out about road safety.



One of your school teachers or helpers will be your school guide. They can help you be the best 'JRSO' possible. You can also ask your County Council's Road Safety Officer for advice. They know all about road safety! Write their details in My contacts on the next page.

My contacts

My school guide is called:

Local Road Safety Officer

Louth County Council Road Safety Officer

www.louthcoco.ie

email: roadsafetyofficer@louthcoco.ie

Tel: 1890 202 303

Other contacts:

**Ask your teacher or Local Road Safety Officer
whenever you need help.**

All about this pack

My job

In this section, you'll find everything you need to do your job. Learn how to run competitions, assemblies or give classroom talks and put up posters around your school. We've included lots of other fun ideas and useful things to help you, like certificates to give to competition winners. There's also a year planner to look up road safety and walking/cycling topics for each month and keep track of your appointments. Why not have a meeting with your teacher to decide where you're going to start?

Staying street safe

In this section, learn how to stay safe on our roads by using the Safe Cross Code. Whether you're playing, walking, cycling or travelling by car or bus, follow our advice for being safe. Use this section to help you decide what messages to get across to your school. Also, discover which websites are worth surfing for more facts.

Activities

In this section, you'll find examples of activities you can use to get your school involved. You'll find spot the hazards, a road safety quiz, words to unscramble, a word search, a crossword and more. You could use these as competitions.

Activity solutions

In this section, you'll get all the answers to the activities. If you use the activities as competitions, you can mark entries with your school guide and choose a winner.



Don't forget

You might need to use the pages in this pack, like activities and certificates, more than once so it is a good idea not to write on them. That way you can photocopy them again and again.

My Job

Your mission starts here!



Speak up!

Telling people about road safety

Page 1

Win, win, win!

Running fun competitions

Page 2, 3

It's a stick up!

Putting up posters

Page 5

Be inspired!

Fun ideas from other JRSOs

Page 8

Year planner

Road safety topics for each month

Page 11

Speak up!

Telling people about road safety and encouraging safer travel.

First things first!

As an official JRSO, your first mission is to introduce yourself in your school assembly! You can also put the **All about me** poster on a school notice board to make sure everyone knows you're a JRSO.

When you've done that, you can start planning talks in assemblies, class or small groups to get the rest of your school involved and help them learn. One talk a month would be a good target to aim for.

So how do you do it? Here are our top tips:

- Decide on a **time** with your school guide or teacher.
- Choose a **topic** to talk about – use your **planner** for ideas for each month, get advice from your school guide or Road Safety Officer, or visit road safety websites.
- Think of ways to get your **audience** involved and to keep their attention. You could ask questions, get others to help you, or make up songs and plays.
- Use assemblies to talk about new **competitions** or announce competition winners and give out certificates and prizes too.
- Remember practice makes perfect, so **practice** what you'll say in front of your friends and family.
- Speak **loudly, clearly and slowly** during your talk, but most of all remember to have fun.



You can email Louth County Council's Road Safety Officer at roadsafetyofficer@louthcoco.ie so you can let them know what road safety activities you've been doing in your school.



Win, Win, Win!



Running Competitions

Holding exciting competitions will get everyone in your school interested in road safety. You can find examples of activities, such as quizzes and word searches, to base your competitions around in the Activities section.

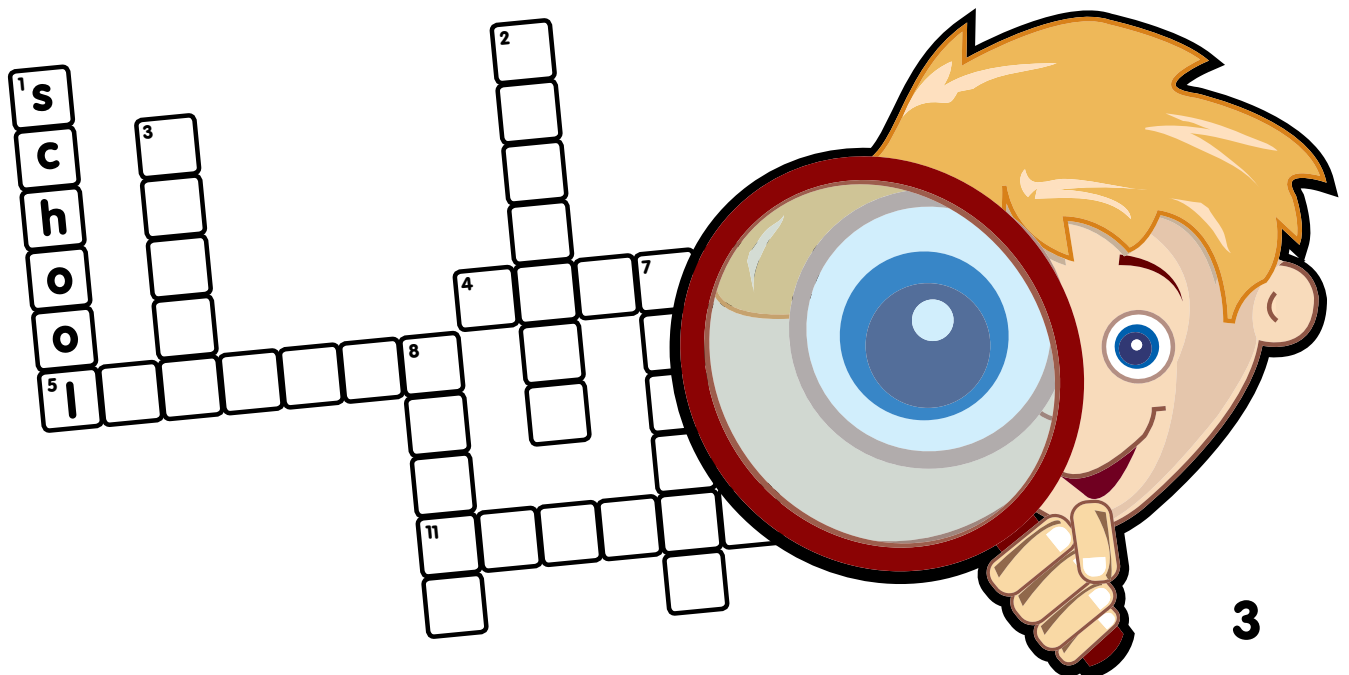
Follow these steps:

- Pick a topic; look at your year planner on page 11 for help or search websites for more information and inspiration on road safety.
- Get help from your teacher to find the best time to run competitions. Think about who the competition is for – just your class, a couple of year groups or the whole school.
- Now decide what type of competition you want to run - see our competition ideas on the next page.
- Tell everyone about the competition and when and where they need to hand their entries in; put up posters, tell people in class or assembly, or use your school website if you have one.
- You can make a collection box (page 4) for people to post their entries in and put it in a place where everyone can see it; make sure you tell everyone to write their name and class on the entries so you know who the winner is.
- Next, ask an adult to be a judge and pick the winners of the competition; this could be your teacher, another teacher, or your Principal. If the competition is for the whole school, they could choose winners from each year group.
- Give out certificates for the best entries - you can photocopy the template on page 12 and write the winners' names, class and what competition they won on the lines; or you could always design your own.
- Why not announce the winners in class or assembly; they could come to the front to collect their certificate or prize; winning entries could be displayed on a notice board or wall for everyone to see.

Competition ideas

There are endless possibilities for the type of road safety competitions you could run. Here are just a few ideas:

- Write a **song, poem or rap** – you could ask people to record or perform it.
- Create a **word search, crossword** or other puzzle.
- Write an **advice leaflet** to show your school and parents how to stay safe.
- Write a **story**.
- Make up and perform a road safety **play or advert** – you could even film it.
- Find a **picture** to remind you to be safe – either take a photo, print one from the web or cut it out of a magazine – just add a caption.
- Make a **poster** with a road safety message.
- Design hi-visibility clothing or other **products** to make you safer.
- Draw a **map** showing where students live and how they travel to school, then highlight the safer routes to your school.
- You can also choose something from the Activities section.



Collection Box

You can photocopy this label and stick it on a box to collect competition entries. Don't forget to write the competition details and deadlines in the space provided!



Remember!

Don't write on pages in this pack that you might need more than once - like this one. Then you can photocopy them when you need them.

It's a stick up!

Putting up posters

Sticking up posters on your school notice boards or in a place everyone can see will remind them who you are and how to stay safe.

On the next page, you will find an **All about me** poster to fill in. Write in your name and class details. Then either stick on a photo or draw a picture of yourself in the box. Now it's ready to put up around your school. You can also tell your school you're the new JRSO perhaps in assembly, to make sure everyone knows.

You could make your own posters to let people know about your latest competitions or road safety messages and run competitions for everyone to make road safety posters – see page 7 for ideas.

Top tips!

- If you're making your own posters, use bright colours and clear writing so people will remember your road safety messages.
- Remember posters will look great if you put up new information every month.
- Check your planner for topics on page 11.



All about me

┌ ┐

I'm your Junior Road Safety Officer

My name is _____

└ ┘

From class _____

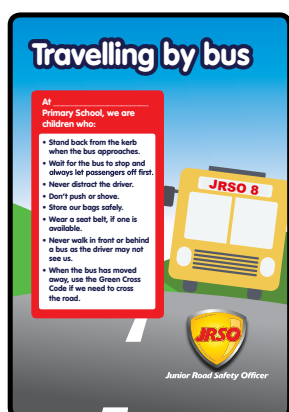
Ask me how to learn more about road safety and safer travel.



Here's some we made earlier

Sample posters

You can put these posters up on notice boards or around your school.
Ask your teacher to do this for you.



Be inspired!

More fun ideas from other JRSOs

This pack has lots of ideas for you to use – but don't just stop there. You can do better than that! Use your imagination to come up with your own ways to keep your school street safe. Here are some ideas from JRSOs.

Model behaviour!

JRSOs made a 150cm model to show children whether or not they needed a car seat. The children measured themselves against the model and, if they were shorter, their parents received a leaflet explaining what sort of car seat was suitable.



JRSO

"The best thing about being a JRSO is being able to save someone's life."

JRSO

On course for safety!

JRSOs put together and taught a six-week course for Second and Third class. The course focused on a different topic each week, including the Safe Cross Code and road signs, and finished with a quiz to see how much the children had learnt. The JRSOs' work was so impressive they were invited to their local council's Road Safety Advisory Committee to talk about their achievements!

Computer whizzes!

JRSOs created a road safety website for their school. The colourful site introduced all the JRSOs and included details of the competitions they were running throughout the school, plus photos of winners. Other JRSOs have used their computer skills to create a PowerPoint presentation to use when they give talks, or to produce posters.



The write stuff!

A Primary School started a petition to get a pedestrian crossing installed on a busy road nearby. After getting more than 200 people to sign the petition, the JRSOs presented it to their local council. Other JRSOs have written to local shops to ask if parents can park in their car park and walk the rest of the way, rather than stop outside the school.

Petitions and letters can encourage people, who could help make roads safer, to do something about it. If there's something you'd like to change to make the streets and roads around your school safer, why not talk to your teacher to see what you can do about it?

Parking patrol

JRSOs Emily and Nora, started a patrol outside their school, to stop people from parking on the yellow zig-zag lines. The patrol was so successful they received a congratulatory visit from their local Garda sergeant!

JRSO

"The best thing about being a JRSO is being able to pass on the message to everyone else in school."

Jessica, JRSO

As easy as ABC...

JRSOs created an A-Z book of road safety stories for younger children. The JRSOs got each person in the class to write a story beginning with a different letter of the alphabet, such as **B** for Bicycle, **S** for School Crossing Patrol and **Z** for Zebra Crossing.

Fashionable flickers!

JRSOs raised money through a school fashion show and used the proceeds to make road safety flick books. The children arranged for a cameraman to film them crossing the road safely and then used the images, along with key road safety messages, to create the flick books.

Safety survey

JRSOs produced a questionnaire on road safety and asked both pupils and teachers to complete it. The results influenced the decision to employ a School Crossing Warden.

Clubbing together!

JRSOs ran a road safety club for children in First Class, held during lunch time. The children used computers, games and cookery to reinforce the Safe Cross Code.

JRSO Street Safe Rap



**Parents please don't make us sad
Or the traffic wardens mad
Don't park outside on the zig-zag lines
Or you will have to pay fines
We smaller folk may not survive
If we get hit by a four wheel drive
You make us stand in front of your car
Or step out a bit too far
Zig-zag lines mean you can't park there
But some of you parents don't seem to care
You put us out then stop for a chat
Now tell us where's the sense in that
Park down the road then walk up,
You know you should, you know you can
Save lives - not time!**



JRSO year planner

Look here for possible topics to base your talks or competitions around and write your appointments in the spaces provided

Month	Topics	Appointments	Things to do
September	<p>Your journey to school</p> <ul style="list-style-type: none"> • Staying safe on your way to school. • How walking to school helps you and the environment. Why not walk to keep fit? 		
October	<p>Be safe, be seen</p> <ul style="list-style-type: none"> • How can you make sure you're seen when it's dark in the mornings and evenings? 		
November	<p>Crossing safely</p> <ul style="list-style-type: none"> • Where are the safest places to cross the road? • What are the different types of crossing? 		
December	<p>Weather warning!</p> <ul style="list-style-type: none"> • How do weather conditions affect road users? • Playing safely during bad weather. 		
January	<p>Belt up!</p> <ul style="list-style-type: none"> • Submit your poster to the RSA's 'Seatbelt Sheriff' and 'Hi Glo Silver' art competition. • Why are seat belts and booster seats important? 		
February	<p>Helping parents and carers stay street safe</p> <ul style="list-style-type: none"> • Hazards caused by parking on road markings. • Parking safely – stopping in quiet roads near school. 		
March	<p>Being a safe bus passenger</p> <ul style="list-style-type: none"> • Where should you stand while you're waiting? • Crossing the road after you get off. 		
April	<p>It's playtime!</p> <ul style="list-style-type: none"> • Where are the safest places to play near your home? • Keeping safe on rollerblades, skateboards and scooters. 		
May	<p>Safe Cross Code</p> <ul style="list-style-type: none"> • Submit your video to the RSA's Safe Cross Code dance competition. 		
June	<p>Cycling safely</p> <ul style="list-style-type: none"> • Safety gear for you and your bicycle. • Organise an event as part of National Bike Week. <p>Staying safe during the summer holidays</p> <ul style="list-style-type: none"> • If you're going abroad, know the road rules. • How can you stay safe on country roads? • Planning your journey to your new school – Sixth Class pupils. 		



Road Safety Winner

This certificate is awarded to

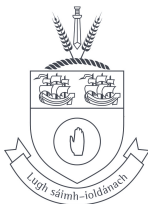
Name _____

Class _____

For

Junior Road Safety Officer

Principal

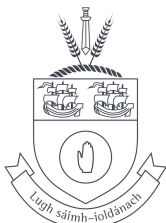




Staying street safe

**All you need to know about
road safety:**

- Crossing safely
- Playing safely
- Travelling safely
- Surfing for safety



Crossing safely

There are lots of safer places for you to cross the road, such as a:

- Zebra Crossing - page 15
- Pelican Crossing - page 16
- Puffin Crossing - page 17
- Toucan Crossing - page 18
- Footbridge - page 19
- Subway - page 20
- Traffic Island - page 21

Always use the **Safe Cross Code** whenever you're crossing the road and remember to keep looking and listening for traffic as you cross.

You also need to know how to cross at **traffic lights** (page 10) and **between parked cars** (page 11) if you have to, and with the help of **School Crossing Warden** or **Gardaí** (page 12).

For more road safety information, you can check out the RSA website at www.rsa.ie

Safe Cross Code

Walking

When walking to school, to your friend's house or anywhere in between, use the footpath where there is one. It's important to follow simple rules before crossing any road. These rules are called the Safe Cross Code.

1. Look for a safe place.
- 2 Don't hurry, stop and wait.
3. Look all around and listen before you cross the road.
4. Let all the traffic pass you.
5. Walk straight across.
6. Keep walking.

That's the Safe Cross Code!

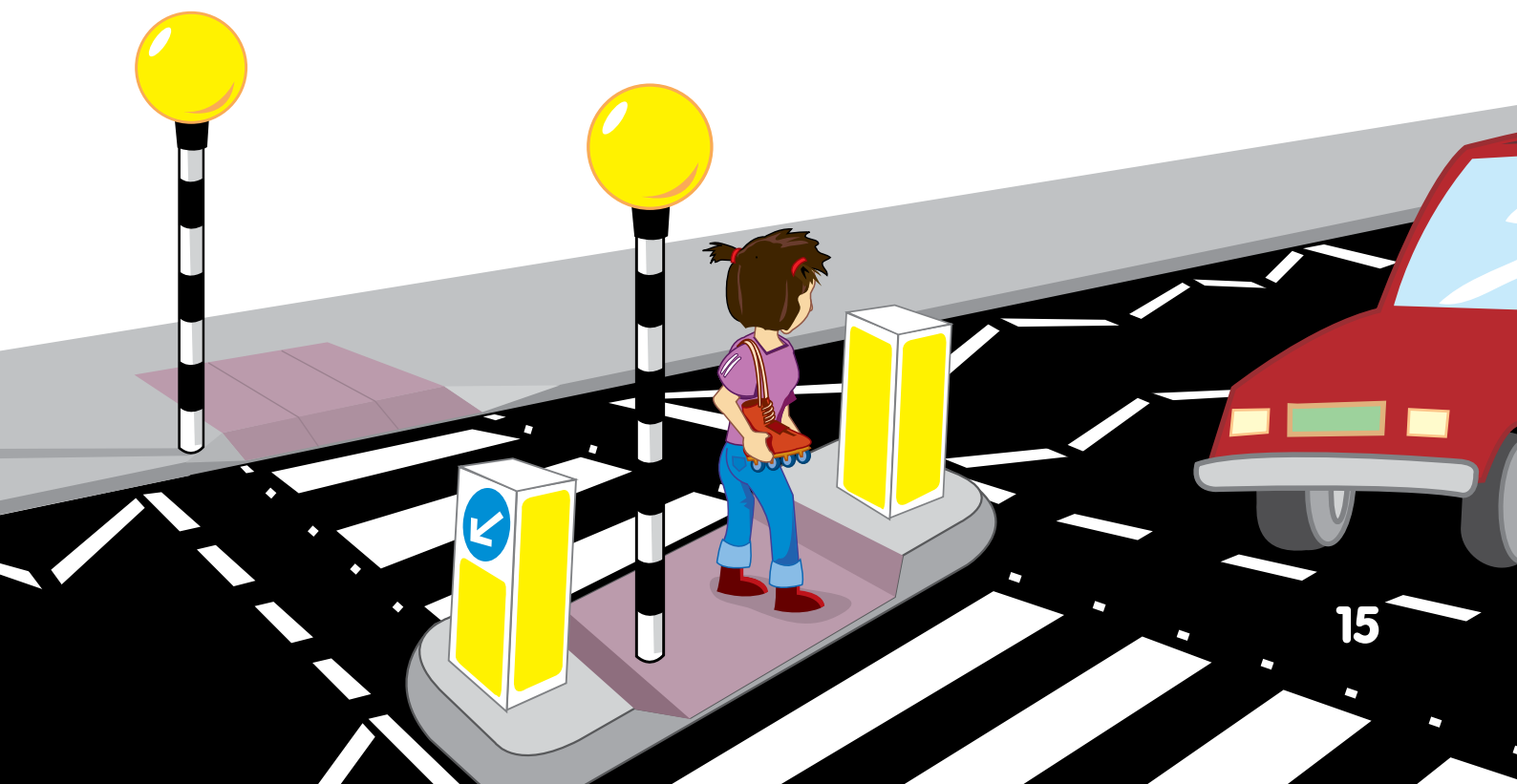


Crossing at Zebra Crossings

- Zebra crossings have black and white stripes, just like a zebra.
- Traffic should stop if drivers see you waiting to cross.
- Wait on the footpath until all the traffic has stopped.
- When it is safe to do so, walk straight across the crossing.
- Make sure you keep looking and listening for traffic as you cross.

If the zebra crossing has a traffic island in the middle, you must treat this as two crossings.

- First cross to the traffic island using the Safe Cross Code from page 14, then stop.
- Use the Safe Cross Code again to cross the second part of the road. Remember to keep looking and listening for traffic.

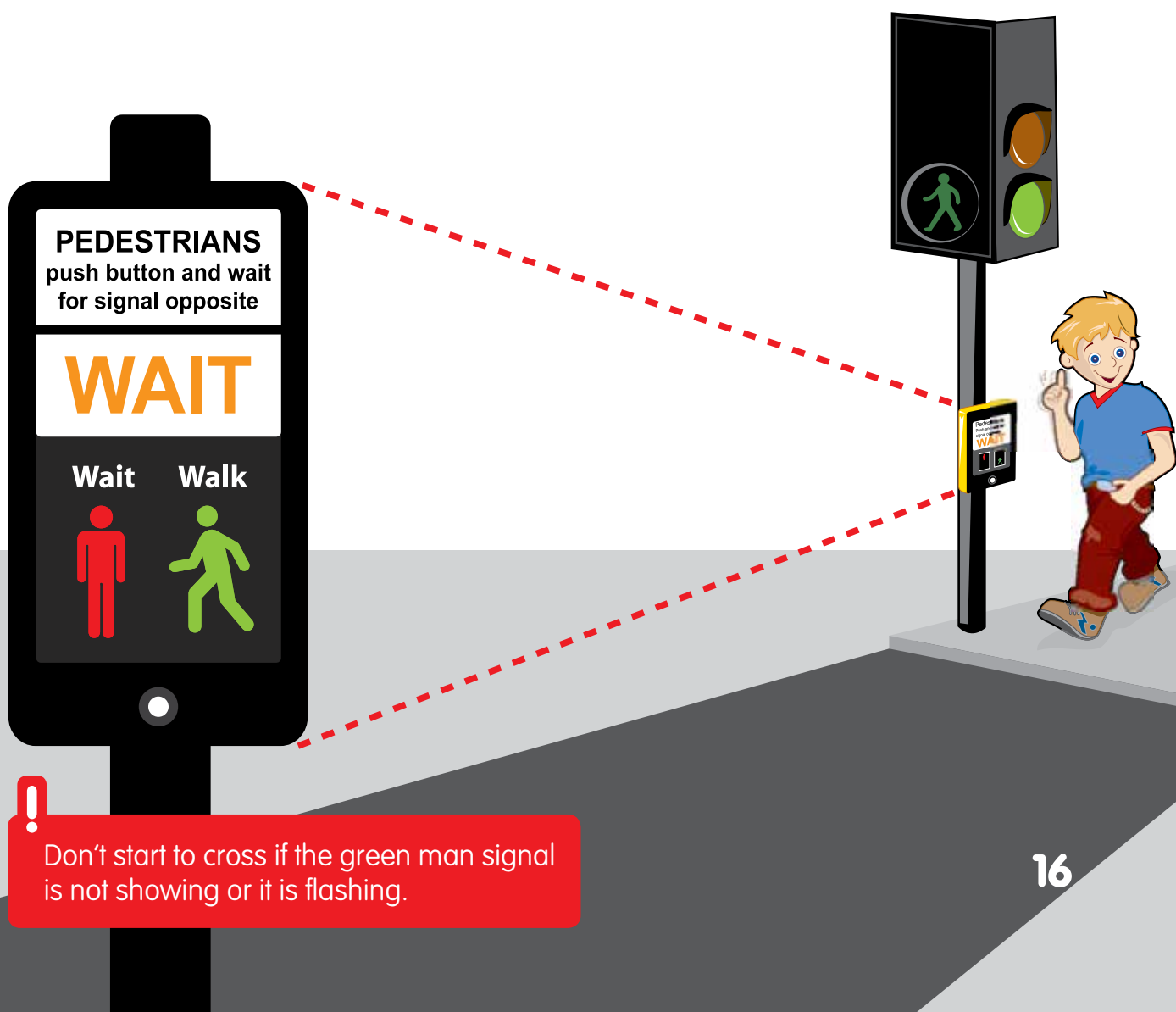


Crossing at Pelican Crossings

- Pelican crossings have a **green man** and **red man** signal and a control box with a button to press.
- When you want to cross, push the button and wait for the **green man** signal on the post on the opposite side of the road, before you cross.

You must push the button to stop the traffic.

- When the traffic has stopped and the **green man** signal is showing, you can start to walk across the road.



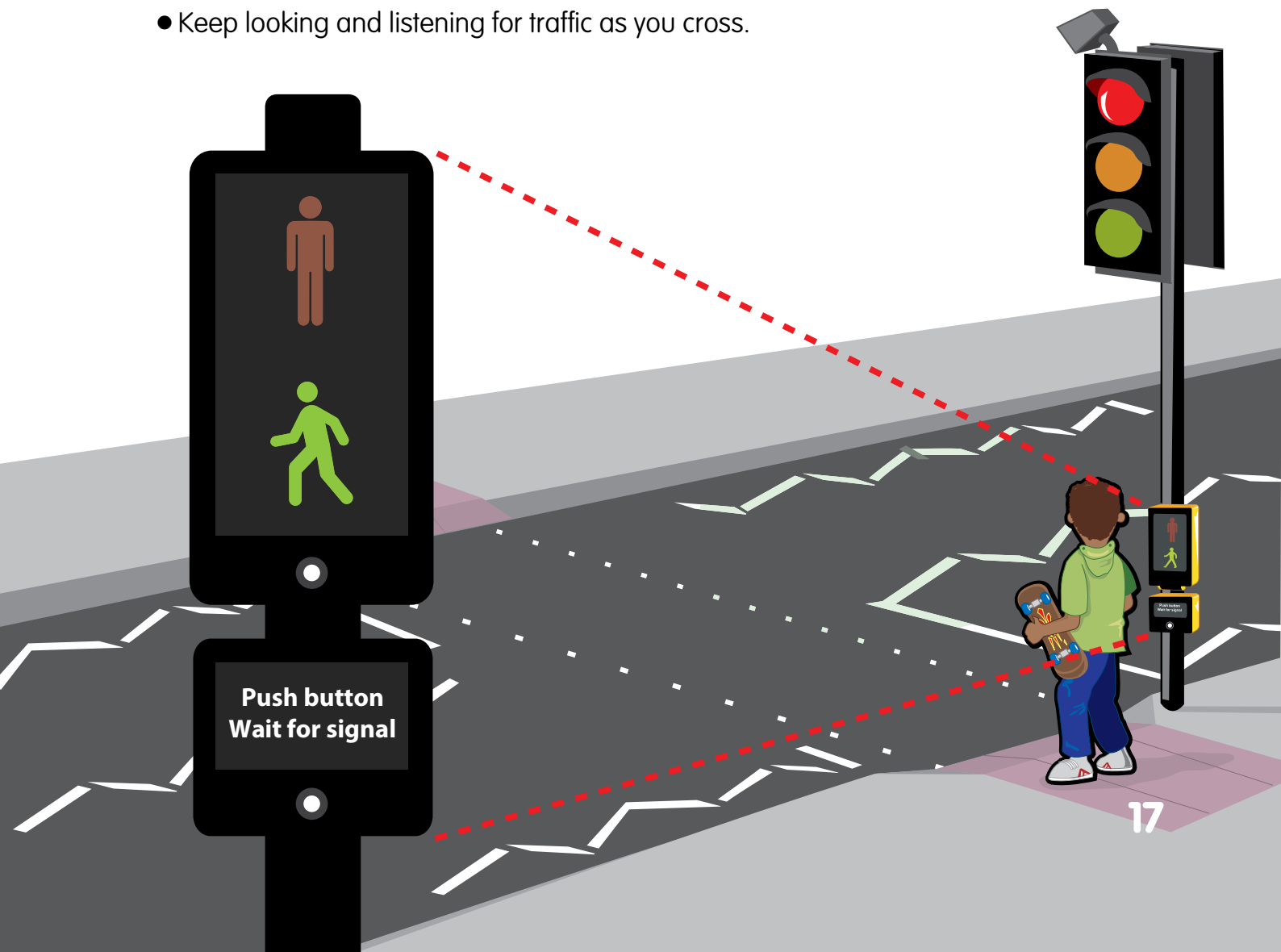
! Don't start to cross if the green man signal is not showing or it is flashing.

Crossing at Puffin Crossings

- Puffin crossings are very similar to pelican crossings.
- They have the **green man** and **red man** signals and a box with a button to press.
- The **green man** and **red man** signals are on a post beside you, where you are waiting to cross. There is no signal across the road.

You must keep looking at the signal post to see when it is safe to cross.

- Only cross on the **green man** signal and always check that the traffic has stopped.
- Keep looking and listening for traffic as you cross.



Crossing at Toucan Crossings

- Toucan crossings have space for pedestrians and cyclists to go across the road at the same time.
- As well as the **green man** signal for pedestrians, there is a **green cycle** signal for people on bikes.
- You must push the button, like at a pelican crossing, to stop the traffic.
- Always check that all the traffic has stopped before crossing.
- Keep looking and listening for traffic as you cross.



! Never cross the road if the red man signal or red cycle signal is showing.



Using a footbridge

- Footbridges are designed so pedestrians can walk over the road on a bridge.
- If you see one, make sure you use it to cross the road.
- Never throw anything from a footbridge as it is extremely dangerous and could cause a serious incident.



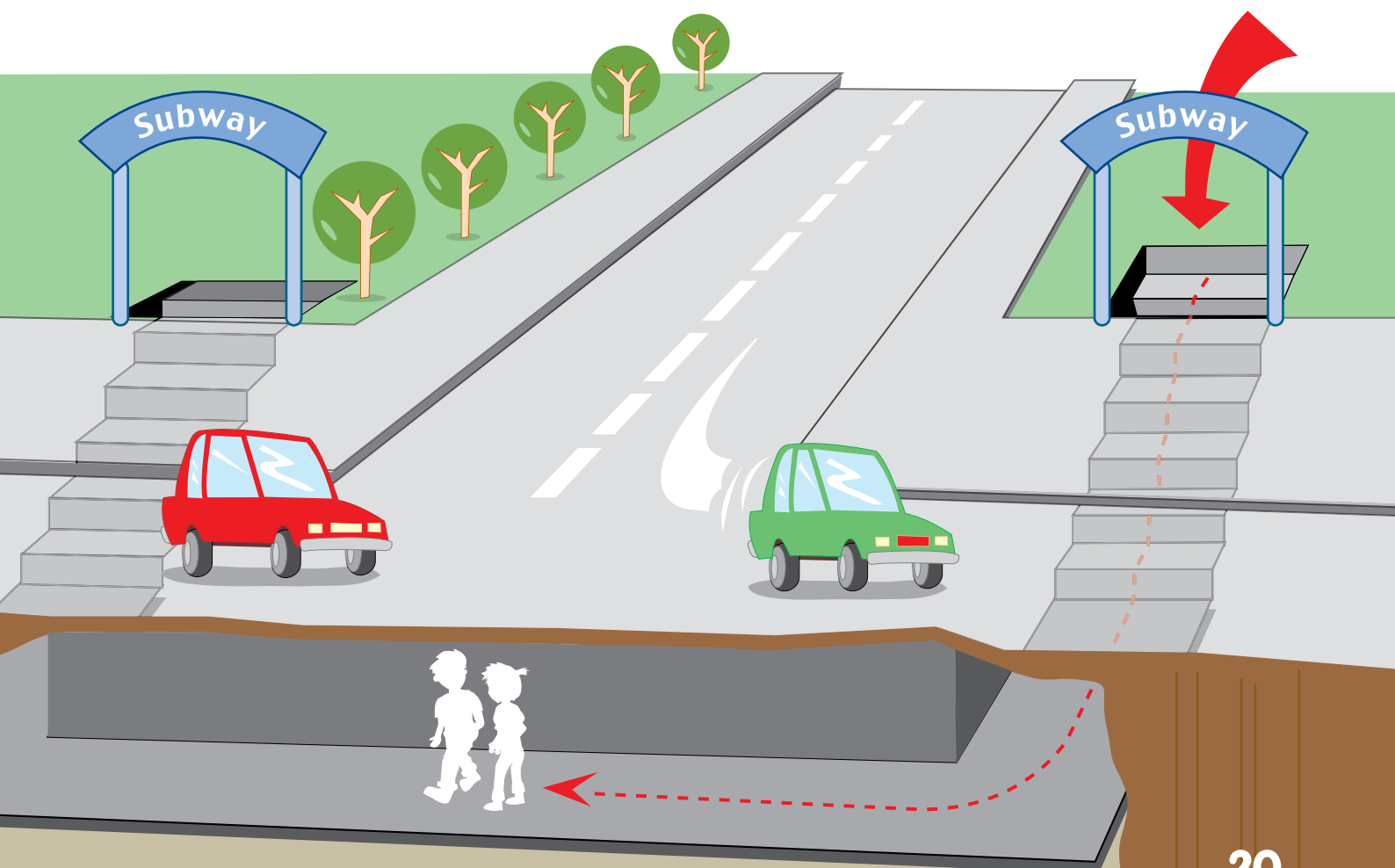
A footbridge is one of the safer places to cross the road.

Using a Subway

- Subways are tunnels under the road.
- There is no traffic in the tunnel, only pedestrians.
- If you have to use a subway, try to be with a friend or an adult that you know and trust.

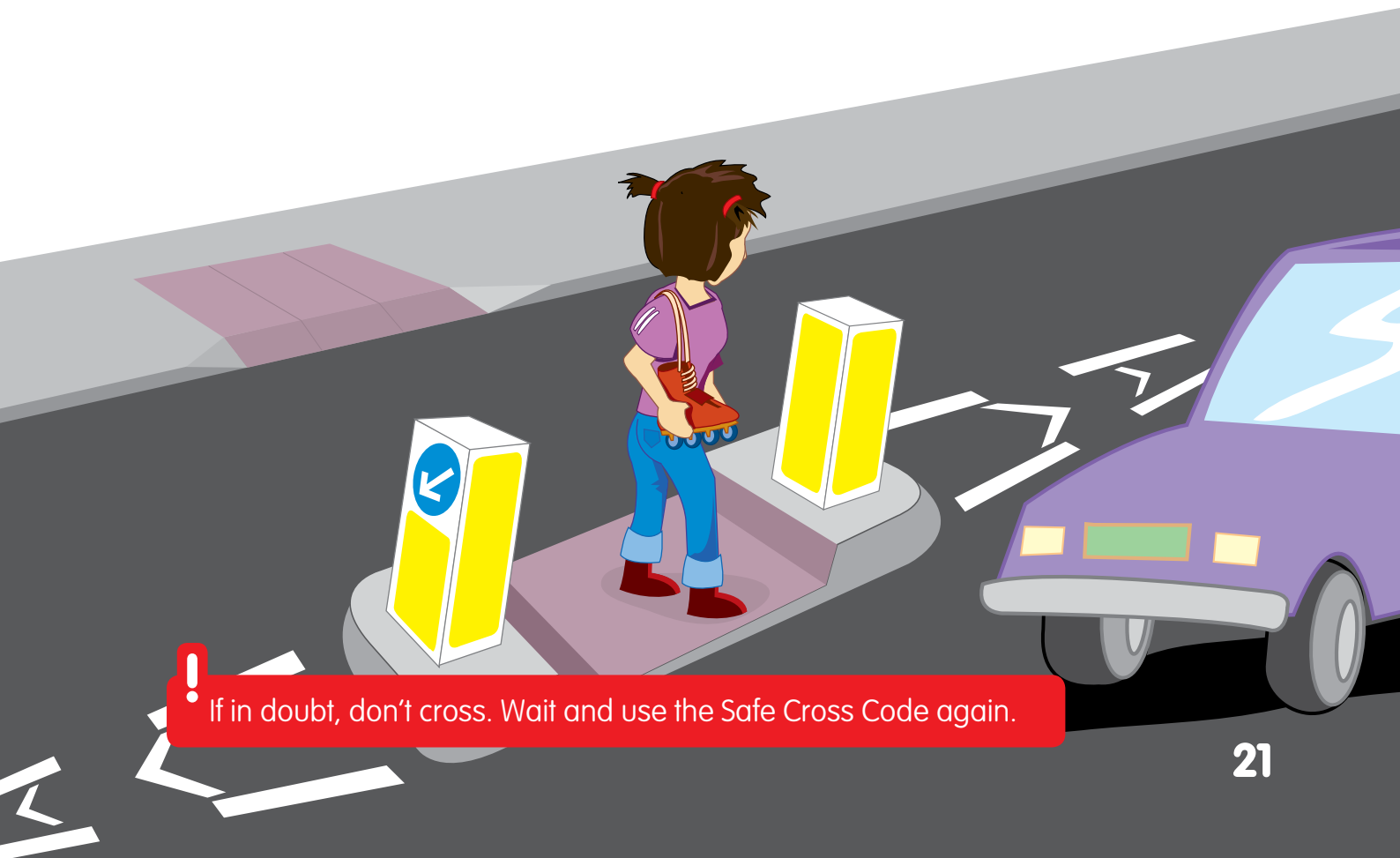


If you feel unsure about using a subway, you could find another safe place to cross and use the Safe Cross Code instead.



Crossing at Traffic Islands

- Traffic islands usually have yellow and white bollards in the middle of the road.
- The bollards have a blue circle sign with a white arrow inside for drivers.
- Traffic does not stop for pedestrians at traffic islands.
- If you cross at a traffic island, you must treat the road as two roads.
- Follow the Safe Cross Code from page 14 and stop when you reach the Island.
- Use the Safe Cross Code again to make sure you get across the road safely.



Crossing at Traffic Lights

- Some traffic lights are only for dealing with traffic and not pedestrians.
- At some sets of traffic lights, you might find a special signal for pedestrians.
- This is the **green man** and **red man** signal.
- There is no button to push at traffic lights. The traffic is stopped automatically. Remember to use the Safe Cross Code.
- Be extra careful if crossing at traffic lights.
- Remember to check all around for traffic - that includes over your shoulder, just in case traffic is turning around the corner.



Wearing a hooded coat or jacket? Remember you can't see or hear clearly if your hood is up. Make sure you keep looking and listening all around for traffic.

Crossing between parked cars

- You should always try to choose a place to cross without parked cars. However, sometimes there might be parked cars right along a road, so you need to cross between them.
- Be very careful. First make sure there are no drivers in the cars you are going to walk between so the cars won't move. You should also check there are no drivers in the cars on the other side of the road as they could move off before you get safely across.
- Carefully walk out between the parked cars and stop at the edge of the car. The edge of the car is like the kerb. Follow the Safe Cross Code and remember to stop, look, listen and think before crossing the road.



Remember drivers may not be able to see you when you're standing between parked cars.

School crossing Warden or Gardaí

- These people can help you cross the road safely.
- Wait until they signal you to cross.



Always cross in front of them but keep looking and listening for traffic.

Playing safely

Always play away from roads. When you're near a road, carry balls and other stuff in a bag so you don't drop them into the road and distract drivers.

Cycling

Riding your bike lets you go places and hang out with your friends. When you're using pedal power, remember our tips...

Be seen

Clothing - light, bright colours and reflective and fluorescent materials will help drivers and pedestrians see you better.

Lights - by law, at night, you need at least one red light on the back and one white light on the front, as well as reflectors.

Wear it right

Cycle helmets should be done up securely and fit well.

Be heard

With a bell on your bike, you can warn others you're coming.

Be aware of others using the road

Make sure others using the road have seen you – check by making eye contact with drivers where you can.

Never squeeze between a large vehicle and the edge of the road – they definitely can't see you there, and be careful of vehicles turning left in front of you.

When using a path that's designed for cyclists and pedestrians to share, make sure you leave space for pedestrians.

Know the road rules

Get trained - if you're not sure how to cycle safely, ask your school about the Cycle Right Scheme.

See www.cycleright.ie



Rollerblading, skateboarding and riding your scooter

Before you strap on your blades, jump on your board or get ready to scoot off on your scooter, remember...

- A helmet, wrist guards and knee and elbow pads will help protect you.
- Skate in special areas, like skate parks.
- Follow the same rules you would when cycling.
- Watch out for pedestrians, and remember to check driveways before you cross them to be sure no one is reversing out.
- If you're on a skateboard or scooter, always dismount and walk across the road.



Travelling safely

Being a good car passenger

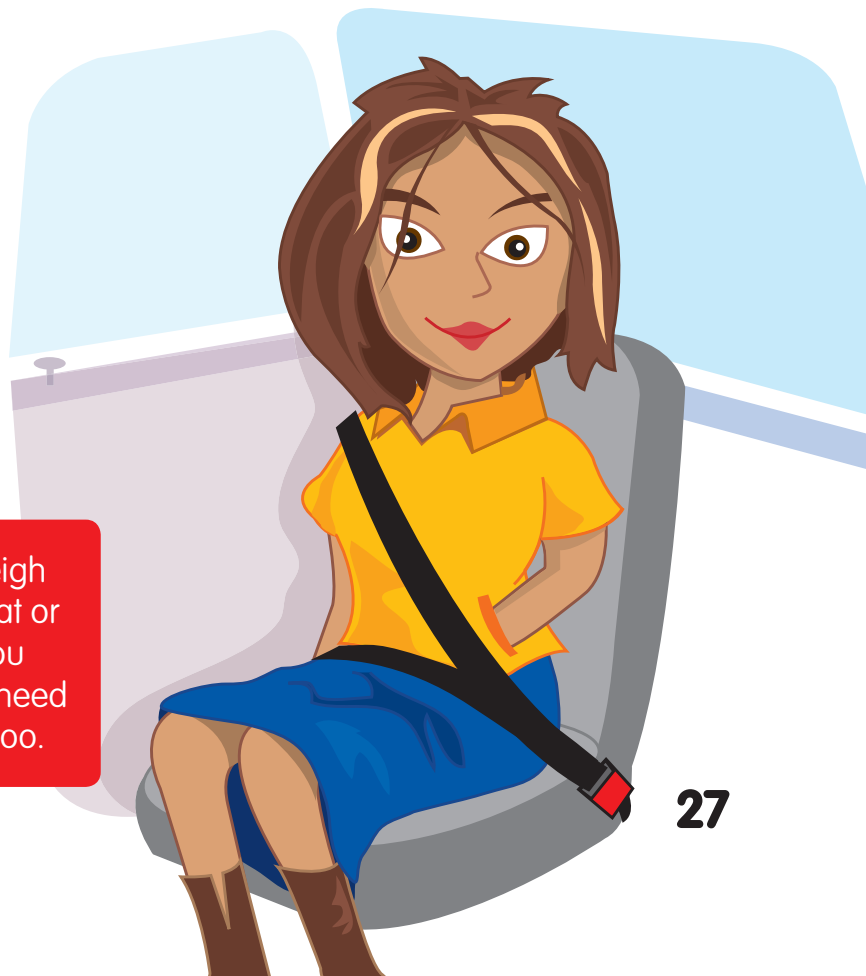
Traffic can be dangerous if the driver is not concentrating or going too fast. Here are some very important rules when you're in a car.

- **Always** wear your seatbelt.
- **Never** distract the driver.
- **Never** lean out or throw anything from the window.
- **Never** open the car door when the car is moving.
- **Never** block the rear view mirror.
- **Always** get out on the footpath side if possible.
- **Never** get into a stranger's car.

If you're sitting in the back seat, it's much safer to get out on the footpath side. If that's not possible, always remember to look out for passing cars and cyclists before opening the door.



If you're less than 150cm tall or weigh less than 36kg, you need a car seat or booster seat. It's the law. Even if you don't need a car seat you always need to wear a seatbelt. That's the law too.



On the bus

Taking the bus is an easy way to get around town.

- To stay safe, make sure you wait at the bus stop and keep back from the edge of the kerb.
- When the bus arrives, wait for people to get off before you get on.
- Never distract the driver.
- Wear a seatbelt if one is available.
- If you can't find a seat, remember to hold on tightly to one of the poles or railings in case the driver has to stop suddenly.
- If you need to cross the road after getting off the bus, wait for it to move off first, and then use the Safe Cross Code from page 14 to help you cross the road safely. If possible, walk to a safer crossing place (page 13).
- If you are only going a short distance, why not walk? It's good exercise and you may get to see things you might miss on the bus.



Out and about

Being seen

Drivers are more likely to see you if you're wearing lighter or brighter coloured clothing – especially when it's dark. You'll be seen even better at night if you wear reflective clothes, as they reflect car headlights. You can buy reflective stickers from cycle shops. Put them on your school bag or backpack (but ask your parent or carer first).

Weather warning

Ice, snow and even wet leaves on the ground not only make it more slippery when you're walking on the roads and footpaths, but drivers will find it harder to control their car and will take longer to stop. If it's rainy, misty, or foggy, they may be less likely to see you too. So remember to be extra careful in bad weather! If you wear a coat with a hood, you need to be extra careful when your hood is up as you may not be able to see or hear traffic coming from behind you or from the side. If possible, take your hood down while crossing the road and remember to use the Safe Cross Code.

Distractions

Listening to music, talking on the phone, or talking with friends while you're walking can be fun, but it can also distract you from traffic. When you're crossing the road make sure to take off your earphones, hang up your phone, and pause your conversation until you're safely across.



Helping parents and carers be street safe

If you're driven to school, remind whoever drops you off not to park on the zig-zag lines outside your school, or on a crossing. The lines are there to make it easier for people to cross the road safely. Your driver also needs to remember to stop for the School Crossing Warden.

Though it may take a bit longer, it's much safer to park in a quiet road nearby and walk to school.



You could even take the healthier option – leave the car at home and walk the whole way!

Travelling abroad

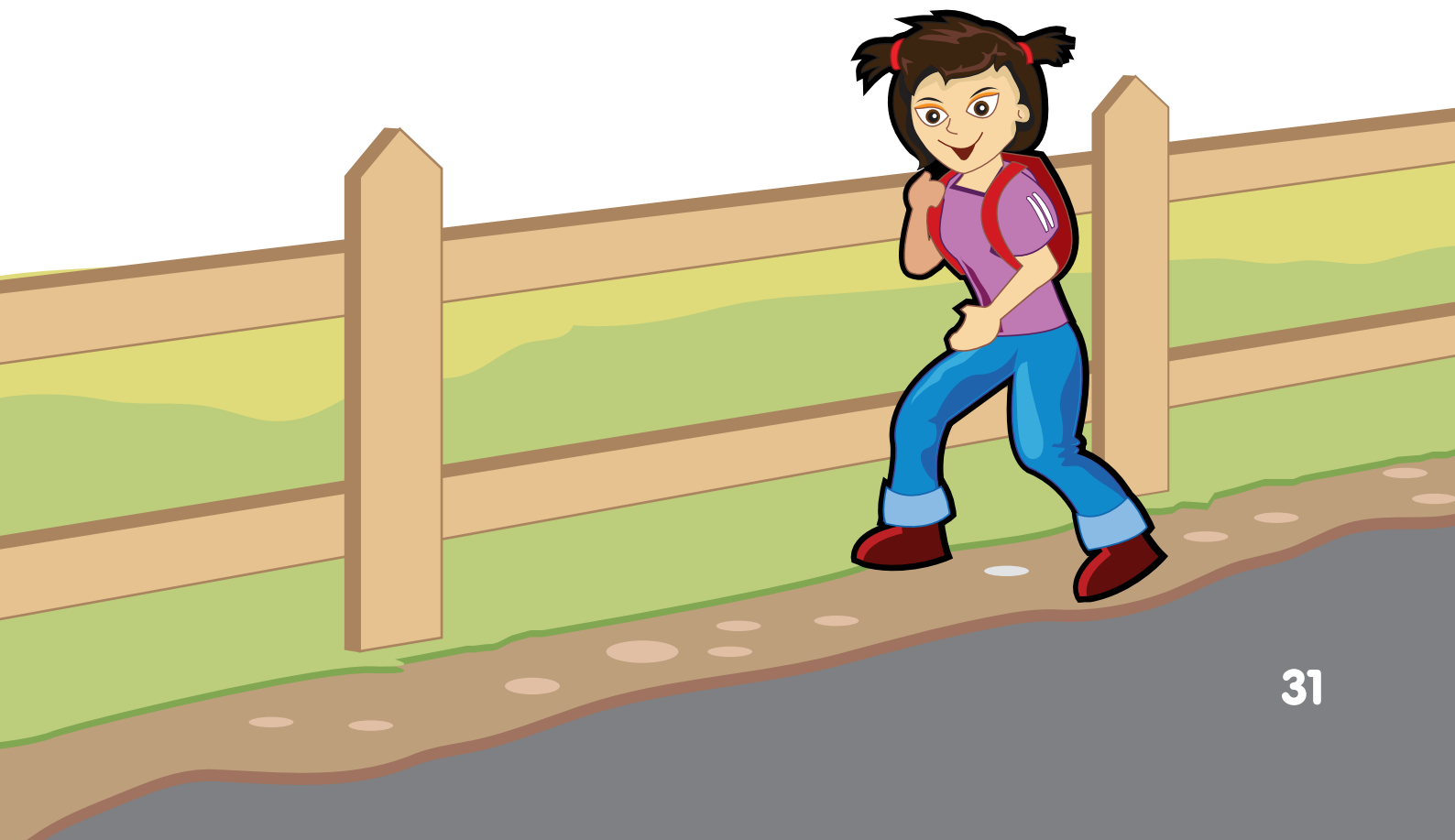
We all love having fun in the sun! If you're lucky enough to go abroad, remember our top tips for staying street safe!

Unlike Ireland, many countries drive on the right hand side of the road. So make sure you know which direction the traffic will be coming from and don't forget to follow the Safe Cross Code (page 14) whenever you're crossing the road. Lots of road rules are different in other countries, so be extra careful. For example, don't expect drivers to stop for you at zebra crossings, as it's optional in some countries. You might also find that there aren't footpaths or street lights.



Walking on Rural Roads

Closer to the countryside, you may find that the roads are narrower, with no footpaths or streetlights. If there's no footpath, you might find there's a grass verge or bank that you can walk on. If you have to walk on the road, make sure you stay as far away from the vehicles as possible. Don't walk in the same direction as vehicles are driving; face oncoming traffic so you can see vehicles coming towards you and can check they've seen you. Speed limits are also different on rural roads so remember that, although the road may be quiet, vehicles may be travelling quickly nearby, so you need to stay alert. Make sure you're as visible as possible and, if you're somewhere without street lights, it's a good idea to carry a torch at night.



Animals on the road

Riding Horses or Ponies

- Check that your horse or pony is properly shod and the saddle and bridle correctly adjusted.
- Make sure you can control your horse. If your horse is nervous, ride with other less nervous horses.
- Before you move off or turn, always look around to see if it is safe, give a clear arm signal and move off with both hands on the reins.
- Avoid roundabouts whenever possible. If you have to use one, keep to the left and look out for traffic coming onto the roundabout from other roads. Signal left before you leave the roundabout.
- You must wear an approved safety helmet and fasten it securely. Wear boots or shoes with hard soles and heels.
- When you lead a horse, always keep yourself between it and the traffic.
- Make sure other road users can see you by day and night. Fit fluorescent/reflective leg bands to your horse and wear a fluorescent/reflective jacket yourself.
- It is safer not to ride at night, but if you have to you should fit a safety light to the offside stirrup, showing white to the front and red to the rear.

Taking Care of Dogs

- Do not let your dog out by itself. Keep it on a short lead when walking on the footpath, road or a cycle path and keep between the dog and the traffic.
- If you have a dog in the car, make sure it and any other animal is restrained so it cannot distract the driver or cause injury if there is a collision. Put the animal on a lead before getting out of the car.



Mobile Devices and iPods

- When you are tuned into your mobile device you are effectively tuned out from the outside world. You must concentrate on the task that matters most whether it be walking or cycling.
- You must not use or text from a mobile phone while crossing the road.
- You cannot always hear traffic when listening to music through earphones.
- Remember to remove your earphones when crossing the road or cycling.



Surfing for safety

Useful websites

You can surf the web for more useful road safety facts.

Here are some of our favourite sites:

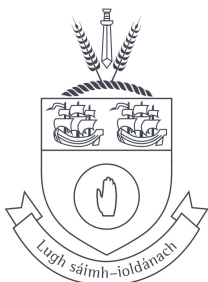
1. www.rsa.ie - Learn all about the Seatbelt Sheriff, the Safe Cross Code, Leading Lights and much more.
2. www.louthcoco.ie - Find out more about what services Louth County Council provides including road and footpath repairs, looking after traffic lights & signs and providing the School Crossing Warden service.
3. www.Greenschoolsireland.org/themes/travel - All you need to know about walking, cycling, scooting, car-pooling or using public transport to get to school.

If you find other useful websites, write them in the space below:



Activities Book

Road Safety quiz and puzzles



Road Safety Quiz

How well do you know road safety?

Please tick the correct answer

1. How do you stop traffic at a pelican crossing?

Let drivers see you and wait

Push the button and wait for the green man signal

Stand at the kerb until the traffic stops

2. You need to use an appropriate car seat if you're under 12, and shorter than what height?

120cm 135cm 150cm

3. The Safe Cross Code is a guide to help you cross the road safely. The steps for crossing safely are:

Find a safer place to cross. Stop and wait. Look all around and listen. Cross when there is no traffic coming and there is enough time to walk across the road. Keep looking and listening for traffic while you cross.

Find a safer place to cross. Look and listen, stop. Cross when there is enough time. Look and listen then run.

Stop. Find a place to cross. Look and listen. Cross when there is enough time. Look to the left, then walk - do not run.

4. If there is no pavement or footpath you should:

Walk on the road in the same direction as traffic.

Walk on the side of the road, so that you're facing the traffic coming towards you.

Walk on the road, and move in and out of traffic.

5. When travelling in a car always:

Distract the driver

Throw rubbish out of the window

Wear a seatbelt

6. This sign means:



No cycling

Cycling allowed

Give way to cycles

7. Walking at night it's safest to wear:

Warm clothes

Waterproof clothes

Reflective clothes

8. How should you cross the road at a Zebra Crossing:

Just walk across the road

Press the button and wait for the green man

Wait on the footpath until all the traffic has stopped

9. When being dropped off at school where should parents NOT park?

The car park or area for parent's cars

A safe place near the school

On the zig-zag Lines

10. What side should you be on if you are walking along a road with no footpath?

On the left hand side with your back to traffic

On the right hand side facing oncoming traffic

Doesn't matter

11. What should you NOT do when crossing the road?

Text or play on your mobile phone

Find a safe place to cross

Look and listen for traffic

12. What should you wear if you are playing on your scooter?

Helmet

Earphones

Superman outfit

13. If the School Crossing Warden is helping you cross the road, what should you do?

Walk behind the Warden so he cannot see you

Walk in front of the Warden, so he can see you

Walk beside the Warden all the way

14. How should you warn other road users that you are approaching on your bike?

Ring your bell

Shout

Wave your arms

15. What type of clothing should you wear when you are riding your bike in daylight?

Bright or fluorescent material

Dark material

Fancy dress material

16. How should you signal if you are riding a horse on the road?

Indicate by using your arm

Don't indicate

17. What is the purpose of a footbridge?

To help pedestrians cross a busy road via a bridge

To help pedestrians cross a busy road via an underpass

To help horse riders cross the road

18. If the zebra crossing has a pedestrian island in the middle of the road, how should you treat this crossing?

As one full crossing

As two separate crossings

Doesn't matter

19. What is the purpose of a subway?

To help pedestrians cross a busy road using a tunnel under the road

To help pedestrians cross a busy road using a bridge over the road

To help pedestrians find a library

20. Where are Belisha Beacons usually found?

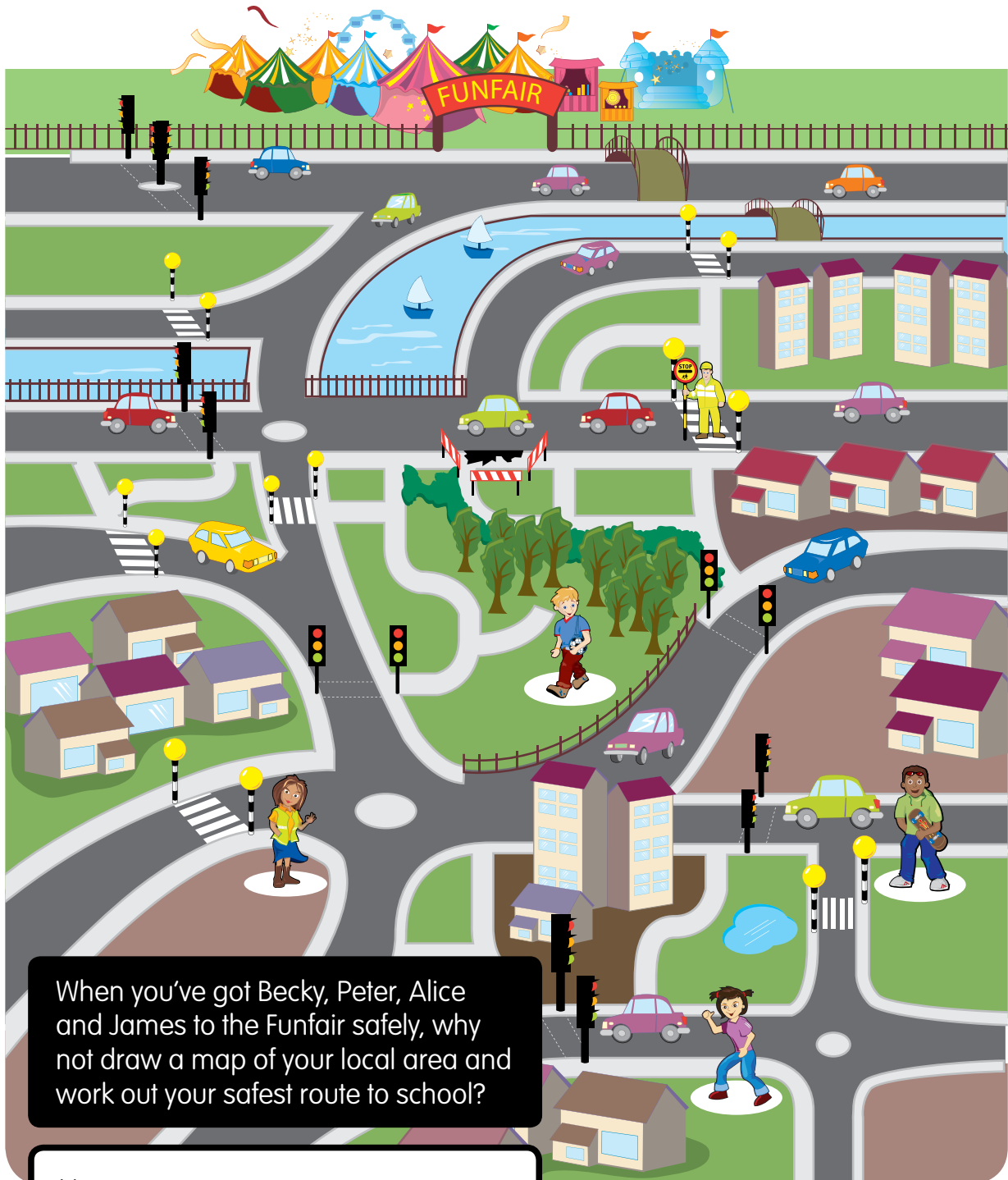
A Puffin Crossing

A Zebra Crossing

A Pelican Crossing

Find the safest route

Just draw a line on the safest, quickest route you can find for each squad member so they all meet at the Funfair entrance. Some squad members may need to follow the same route for some of the way. Remember to photocopy this page first, if you plan to use it again.



When you've got Becky, Peter, Alice and James to the Funfair safely, why not draw a map of your local area and work out your safest route to school?

Name: _____
Class: _____

Safe Cross Codebreaker!

How well do you know your Safe Cross Code?

Fill in the blanks and number the pieces so the code is complete and in the right order.

1

First find a s _ f _ place to cross, then s _ _ _ _ .



2

C _ _ _ _ s when there is no traffic and there is enough _ _ _ _ e to get to the other side without running. If you are unsure don't cross.



3

S _ _ _ _ d on the footpath, but not too close to the edge of the kerb.



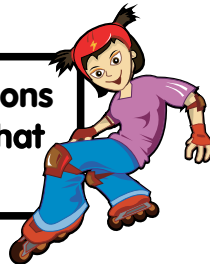
4

Keep l _ _ _ _ _ g and _ _ _ _ _ ing for traffic as you cross the road. _ _ _ _ _ k straight across the road. Do not run.



5

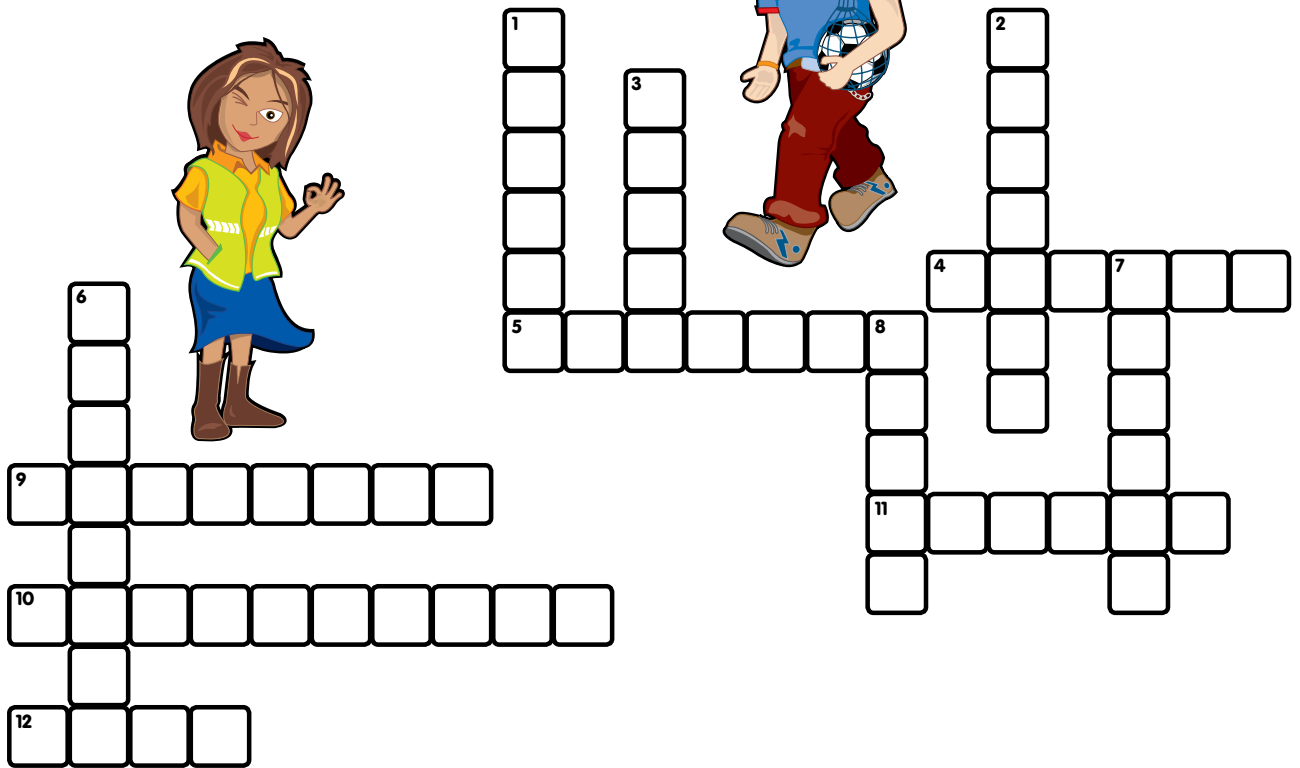
L _ _ _ _ _ and l _ _ _ _ t _ _ _ _ n in all directions for any traffic and t _ _ _ _ n _ _ about what you are doing.



Name: _____

Class: _____

Crossword



Across

4. Look and _____ in all directions for any traffic (6)
5. _____ Island - cross halfway first (7)
9. It's the law to wear one of these in the car (8)
10. The type of clothing that can help you be seen at night (10)
11. Tunnel under the road you can walk through (6)
12. Find a safe place to cross and _____ (4)

Down

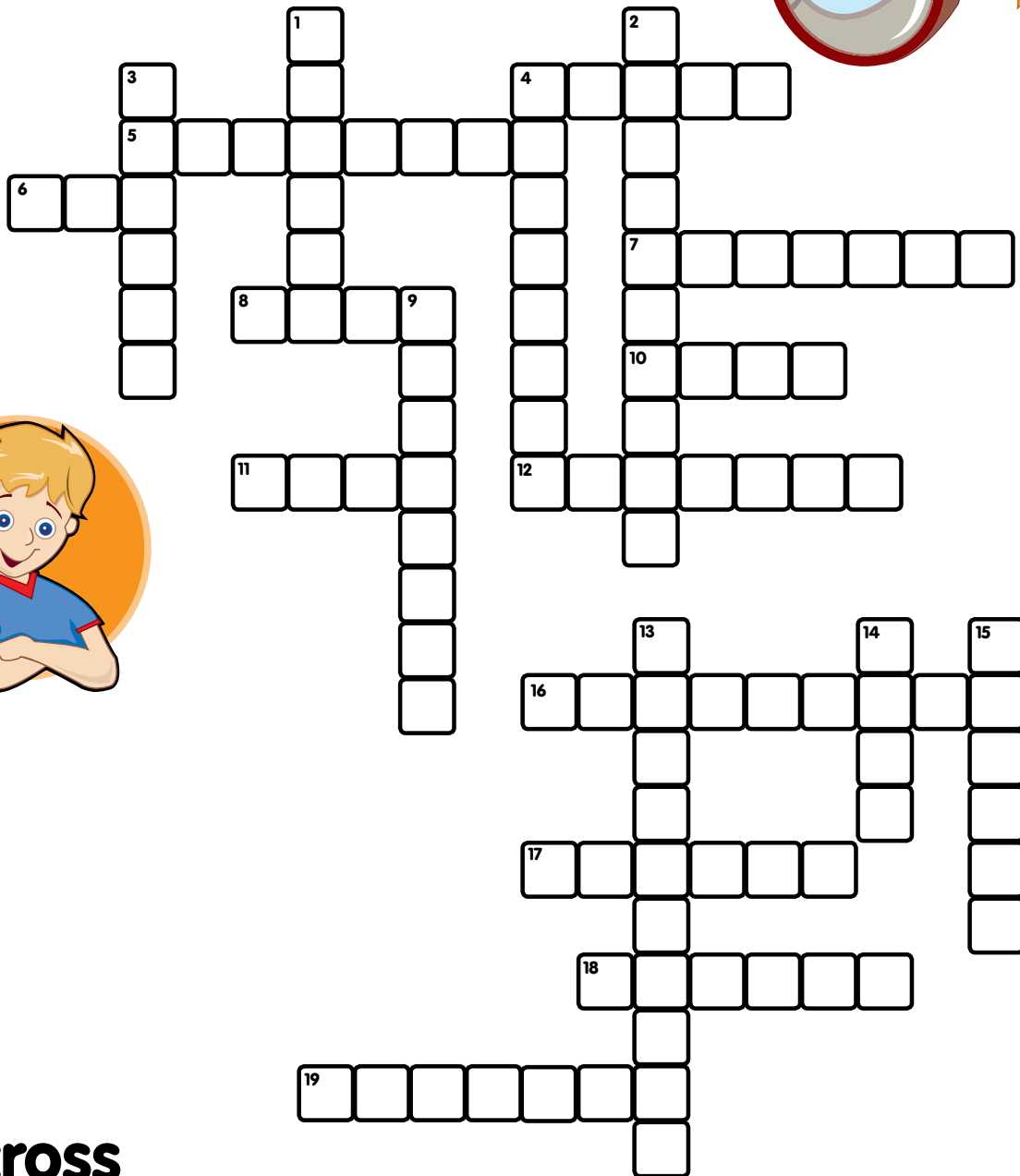
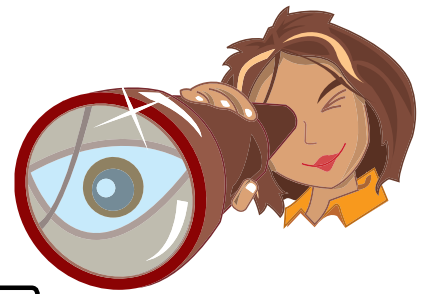
1. Protects your head when cycling (6)
2. A healthy way to get to school (7)
3. A black and white-striped crossing (5)
6. Another name for a footpath (8)
7. A crossing you share with cyclists (6)
8. Safe _____ Code (5)



Name: _____

Class: _____

Crossword



Across

4. _____ limit (5)
5. How cars signal what direction they are going (8)
6. Popular form of public transport (3)
7. Name of Road Safety character (Check your Road Safety calendar) (7)
8. _____, Look, Listen (4)
10. What do cars travel along? (4)
11. Two wheeled method of transport (4)
12. _____ jam (7)
16. Safe ----- (5,5)
17. Underground crossing (6)



18. How drivers see better at night, by using their _____ (6)
19. _____ test a person needs to do in a car (7)

Down

1. Wear _____ clothes during daylight (6)
2. A person travelling by foot? (10)
3. STOP, LOOK, _____ (6)
4. What should everyone wear when travelling in the car (4,4)
9. Another name for a footpath (8)
13. Crossing located above the road (10)
14. STOP, _____, LISTEN (4)
15. What should you wear whilst riding your bicycle? (6)



Name: _____

Class: _____

Hazards!

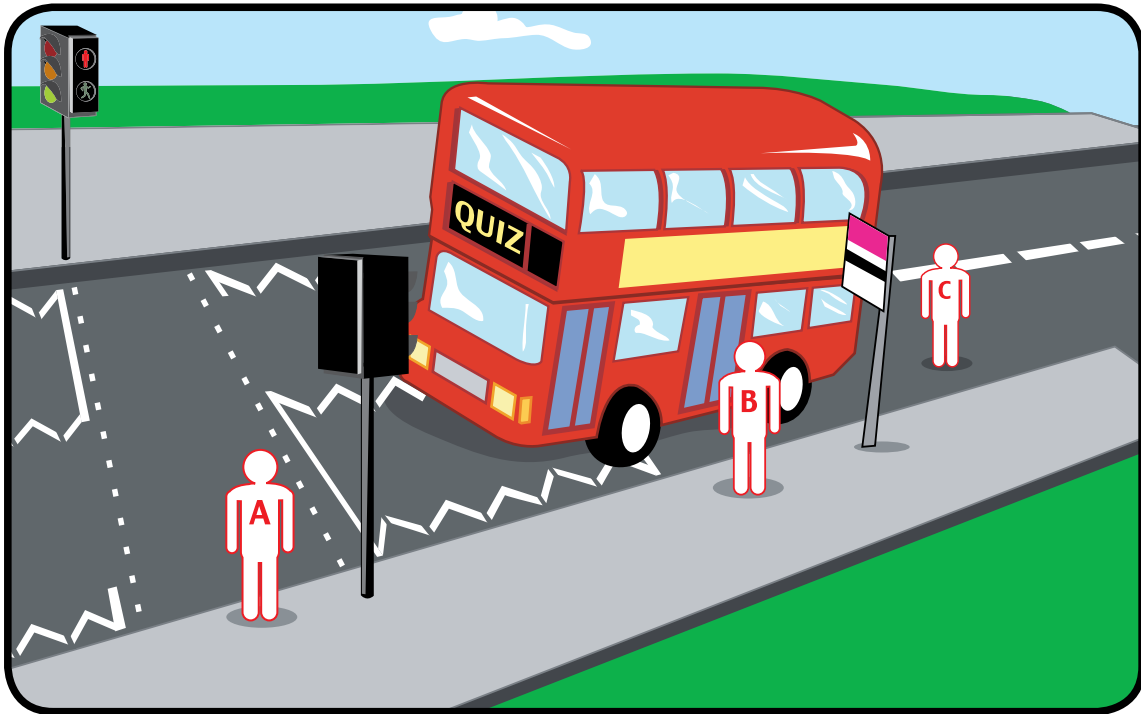
1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____
11. _____



Name: _____
Class: _____

Safe crossing places

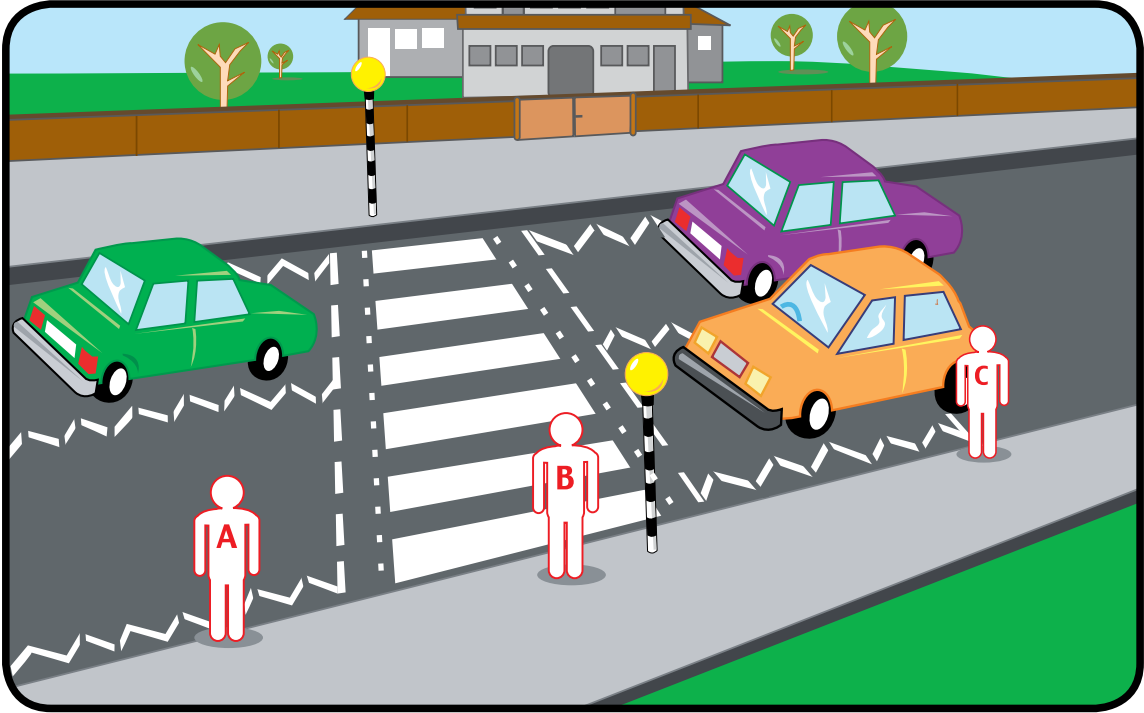
Circle where you would cross after leaving a bus and say why.



Answer: _____

Name: _____
Class: _____

Circle the person who has chosen the safest place to cross to get to school and say why.



Answer: _____

Name: _____
Class: _____

Unscramble these Words



cleyc

isgth

spto

rac

nsteli

ubs

eesdp

iatx

knhit

olok

rlory

Name: _____

Class: _____

Unscramble these Words



erkdap rsca

nieplac gsorscin

aefs srcso dceo

cloohs ginrocscs dwnrea

gnidvri

fifcrat gstlhi

laikwgn

aagdr

iednpsetar

potfhtoa

godfotbrie

otolcymrce

erbza osicngsr

yaubsw

fcfirta dainsl

Name: _____

Class: _____

Word search

Try to find the words below

S T H E L M E T R A R C B
O L F F K D M E P G O F N
Q U A O P L N S V N A E J
C R O S S I E Y P B D I T
B O L O Z L T F F R N H A
H J M Q U E S P V G E D P
T F I A F C I T E B C A R
P G O A S S L E I N T L M
K C S T L E B T A E S J K
V E T X W L L A R T E Y T
S R O U T O P S L O O K B
T M P E L H T R A F F I C

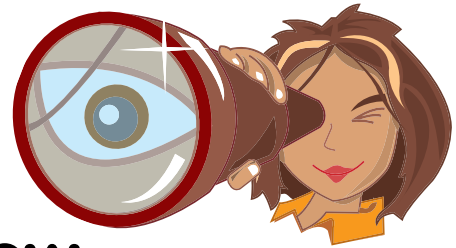
- 1) safety
- 2) look
- 3) listen
- 4) stop
- 5) road

- 6) cross
- 7) car
- 8) helmet
- 9) seatbelt
- 10) traffic

Name: _____

Class: _____

Word search



Try to find the words below

L	X	Z	V	A	U	T	U	S	A	I	P	C	M	E
Q	A	E	F	O	O	T	B	R	I	D	G	E	N	M
D	I	B	S	H	D	E	E	F	A	I	W	Y	K	O
P	T	R	A	F	F	I	C	L	I	G	H	T	S	T
R	R	A	O	O	K	A	X	U	R	S	X	H	P	O
P	E	C	V	A	N	B	S	P	E	E	D	I	O	R
O	D	R	E	B	E	X	I	U	C	S	A	N	Y	C
B	S	O	R	E	D	S	U	D	I	Z	E	K	R	Y
B	U	S	I	L	O	R	R	Y	A	A	C	J	D	C
E	B	S	G	H	I	G	T	E	D	I	U	I	P	L
R	W	I	O	R	J	U	D	P	R	S	K	F	J	E
S	A	N	T	I	U	A	M	L	A	F	P	E	H	P
P	Y	G	U	X	N	S	B	U	G	N	S	B	S	T
N	F	L	R	A	N	E	T	S	I	L	B	E	C	I
D	G	F	W	T	I	C	P	O	L	S	U	P	F	E
P	E	L	I	C	A	N	C	R	O	S	S	I	N	G
E	P	A	T	K	I	G	N	S	P	G	O	A	I	F
G	R	E	N	T	L	O	O	K	L	U	N	F	E	R
R	A	C	T	U	H	O	H	T	A	P	T	O	O	F
B	E	D	O	C	S	S	O	R	C	E	F	A	S	G
S	I	G	I	T	R	A	F	F	I	C	T	J	L	M

1) footbridge

2) zebra crossing

3) subway

4) pelican crossing

5) traffic lights

6) garda

7) look

8) footpath

9) motorcycle

10) listen

11) van

12) lorry

13) think

14) car

15) bus

16) speed

17) taxi

18) safe cross code

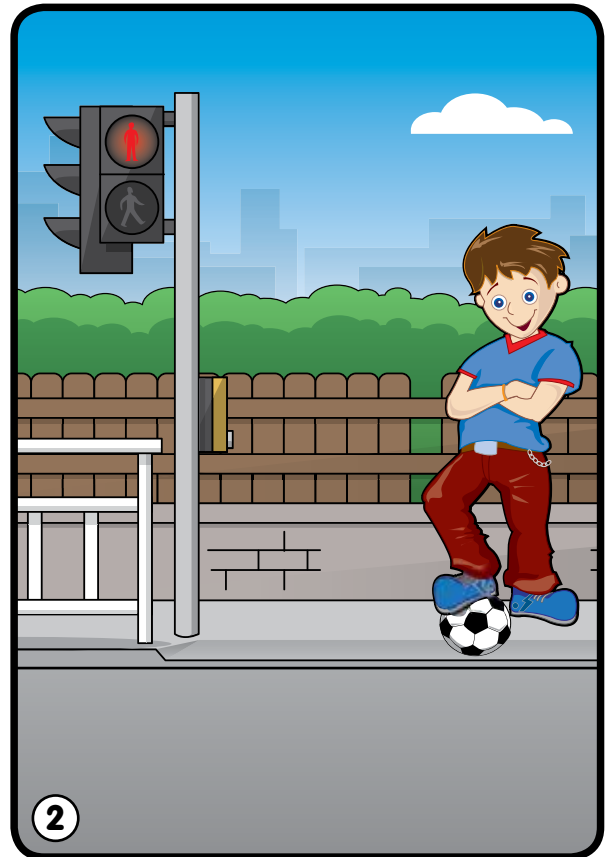
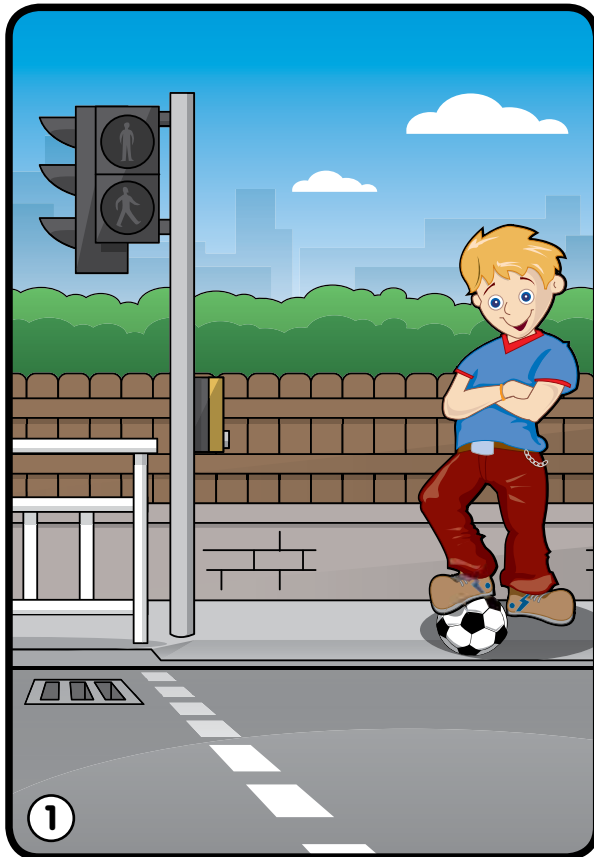
19) traffic

Name: _____

Class: _____

Spot the difference

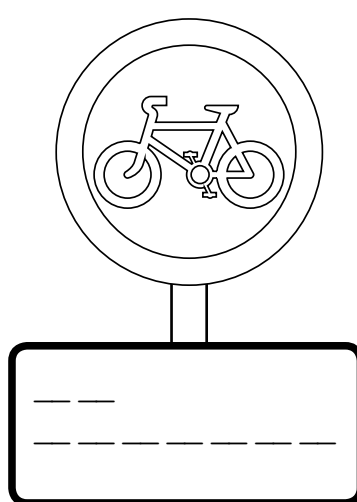
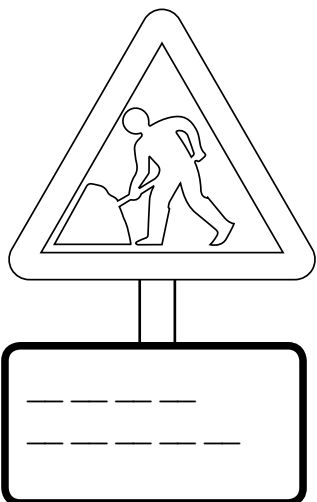
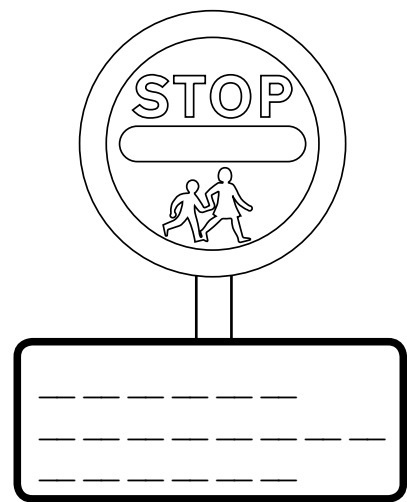
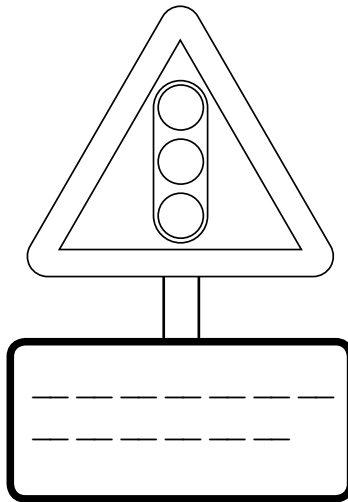
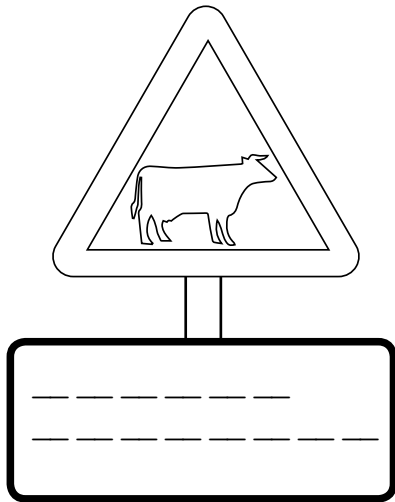
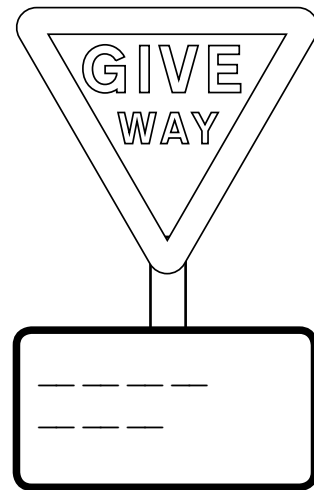
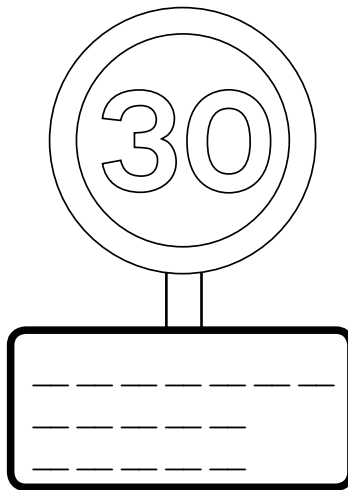
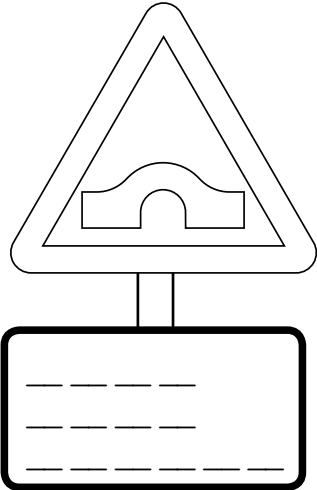
Can you spot the 8 differences between picture 1 and 2 below?



1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____

Know your Road Signs

Colour in the road signs the way they should look, then use the Word Bank to name each sign.

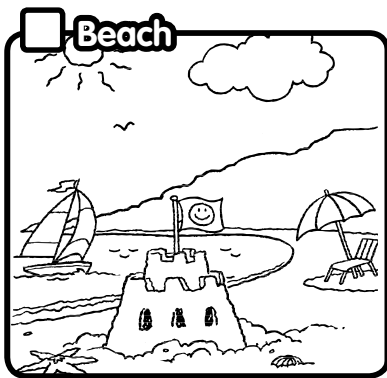


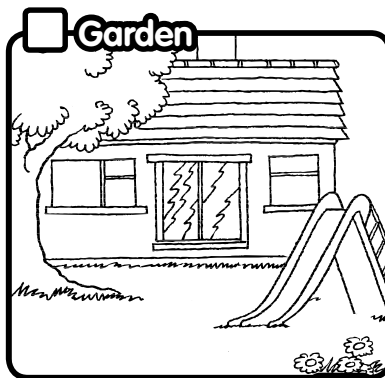
Word Bank

- Maximum Speed Limit
- Cattle Crossing
- Traffic Lights
- Give Way
- Hump Back Bridge
- Road Works
- School Crossing Warden
- No Cycling

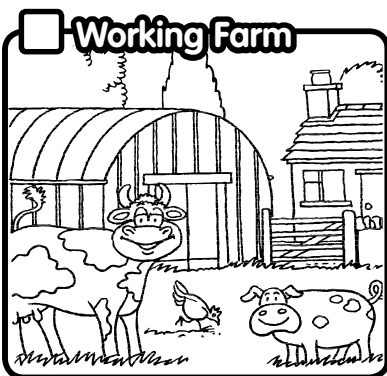
Safer places to play

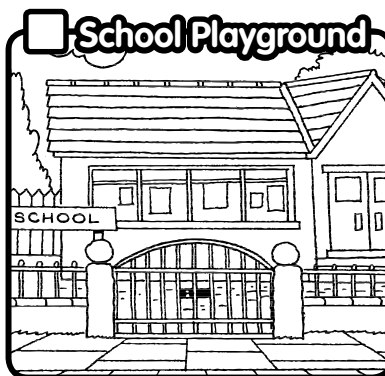
Tick the 3 safer places to play, then write a sentence below each drawing saying why its safe or unsafe to play there.











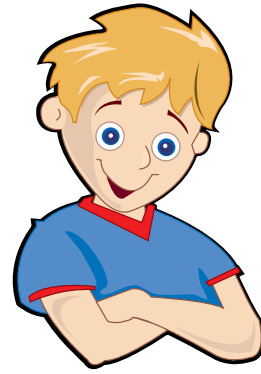


Safer places to play

Are these safe places to play? Tell us what you think and why.

	Safe	Unsafe
Busy street	<input type="checkbox"/>	<input type="checkbox"/>
<input type="text" value="Why?"/>		
Garden	<input type="checkbox"/>	<input type="checkbox"/>
<input type="text" value="Why?"/>		
Park/skate park	<input type="checkbox"/>	<input type="checkbox"/>
<input type="text" value="Why?"/>		
Building site	<input type="checkbox"/>	<input type="checkbox"/>
<input type="text" value="Why?"/>		
Farm yard	<input type="checkbox"/>	<input type="checkbox"/>
<input type="text" value="Why?"/>		
School playground	<input type="checkbox"/>	<input type="checkbox"/>
<input type="text" value="Why?"/>		
Railway crossing	<input type="checkbox"/>	<input type="checkbox"/>
<input type="text" value="Why?"/>		
Car park	<input type="checkbox"/>	<input type="checkbox"/>
<input type="text" value="Why?"/>		

Unscramble these Words



Unscramble the words below then use them to complete the sentences:

steleatb

Always wear your _____

kclob

Never _____ the rear view mirror

gensrat's

Never get into a _____ car

tractisd

Never _____ the driver

hotpatof

Always get out on the _____ side, if possible

peno

Never _____ the car door when the car is moving

rowth

Never _____ anything out of the car window

Name: _____

Class: _____

Match the Words

Draw a line from the word in column A to the matching word in Column B like the example for seat belt.

Column A

Seat

Puffin

Crossing

Pelican

Sub

Blind

Cycle

Safe Cross

Motor

Speed

Round

Traffic

Speed

Garda

Column B

Crossing

way

Crossing

belt

Warden

about

spot

bump

Code

lane

cycle

Officer

lights

camera



Road Safety Poem

Why not write your own road safety poem – here's one to get you started. You could even have a poetry competition and the winner can read it out at assembly – have fun writing.

Crossing the road

Red means stop! Green means go!
But wait until the green man starts to show
Do not hurry, cross with care
Look and listen, until safely there!

Other topics for writing your poem could include:

- Wearing your seat belt
- Be Safe, Be Seen when out and about
- Riding your bicycle safely



A large rectangular box with a black border, containing six horizontal lines for writing a poem.

Traffic Survey

The following Traffic Survey can be used to measure traffic volumes at the busiest times of your school i.e. arrival and home times.

The data from the traffic survey can then be collated with suggestions made that might help reduce traffic congestion/ parking at these peak times – i.e. school traffic use a one way system, parents use a car share system.

This survey can also be used to count the number and types of vehicles that park on the zig-zag lines or that are double parked. The children could then be asked to provide suggestions how this could be reduced.

Why not report your findings in the next school newsletter or let your teacher or school principal know and ask them to take forward your solutions to the problems identified.

Children must TAKE EXTREME CARE when they are near vehicles.

Traffic surveys must be carried out from a safe location well away from moving vehicles, and under close adult supervision.

Consider also the use of warning signs and high-visibility clothing, if appropriate.





Traffic Survey

This is to survey: _____

Vehicle	Number	Total
Car		
Van		
Bus		
Lorry		
Motorcycle		
Tractor		
Bicycle		
Other		

Date: _____ Day _____

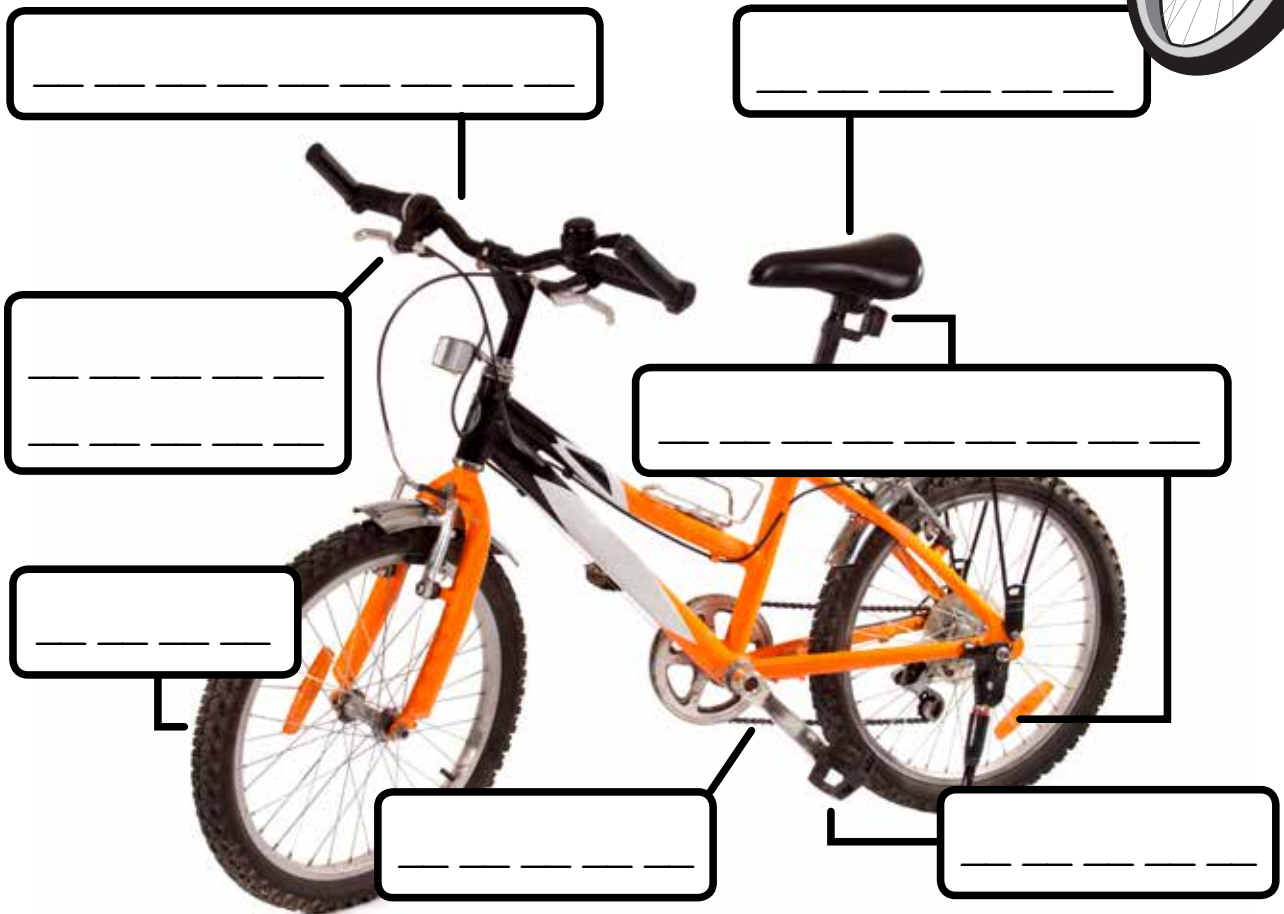
Start time: _____ End time: _____

Total survey time: _____

Location: _____

Know your bike

See if you can name the parts of the bike, then answer the questions about looking after your bike.



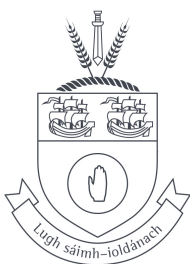
Before going out on your bike, you should always carry out these safety checks:

- A: _____
- B: _____
- C: _____
- D: _____



Activities Solutions

How did you do?



Road Safety Quiz

See answers below

1. How do you stop traffic at a pelican crossing?

Let drivers see you and wait

Push the button and wait for the green man signal

Stand at the kerb until the traffic stops

2. You need to use an appropriate car seat if you're under 12, and shorter than what height?

120cm 135cm 150cm

3. The Safe Cross Code is a guide to help you cross the road safely. The steps for crossing safely are:

Find a safer place to cross. Stop and wait. Look all around and listen. Cross when there is no traffic coming and there is enough time to walk across the road. Keep looking and listening for traffic while you cross.

Find a safer place to cross. Look and listen, stop. Cross when there is enough time. Look and listen then run.

Stop. Find a place to cross. Look and listen. Cross when there is enough time. Look to the left, then walk - do not run.

4. If there is no pavement or footpath you should:

Walk on the road in the same direction as traffic.

Walk on the side of the road, so that you're facing the traffic coming towards you.

Walk on the road, and move in and out of traffic.

5. When travelling in a car always:

Distract the driver

Throw rubbish out of the window

Wear a seatbelt

6. This sign means:



No cycling

Cycling allowed

Give way to cycles

7. Walking at night it's safest to wear:

Warm clothes

Waterproof clothes

Reflective clothes

8. How should you cross the road at a Zebra Crossing:

Just walk across the road

Press the button and wait for the green man

Wait on the footpath until all the traffic has stopped

9. When being dropped off at school where should parents NOT park?

The car park or area for parent's cars

A safe place near the school

On the zig-zag Lines

10. What side should you be on if you are walking along a road with no footpath?

On the left hand side with your back to traffic

On the right hand side facing oncoming traffic

Doesn't matter

11. What should you NOT do when crossing the road?

Text or play on your mobile phone

Find a safe place to cross

Look and listen for traffic

12. What should you wear if you are playing on your scooter?

Helmet

Earphones

Superman outfit

13. If the School Crossing Warden is helping you cross the road, what should you do?

Walk behind the Warden, so he cannot see you

Walk in front of the Warden, so he can see you

Walk beside the Warden all the way

14. How should you warn other road users that you are approaching on your bike?

Ring your bell

Shout

Wave your arms

15. What type of clothing should you wear when you are riding your bike in daylight?

Bright or fluorescent material

Dark material

Fancy dress material

16. How should you signal if you are riding a horse on the road?

Indicate by using your arm

Don't indicate

17. What is the purpose of a footbridge?

To help pedestrians cross a busy road via a bridge

To help pedestrians cross a busy road via an underpass

To help horse riders cross the road

18. If the zebra crossing has a pedestrian island in the middle of the road, how should you treat this crossing?

As one full crossing

As two separate crossings

Doesn't matter

19. What is the purpose of a subway?

To help pedestrians cross a busy road using a tunnel under the road

To help pedestrians cross a busy road using a bridge over the road

To help pedestrians find a library

20. Where are Belisha Beacons usually found?

A Puffin Crossing

A Zebra Crossing

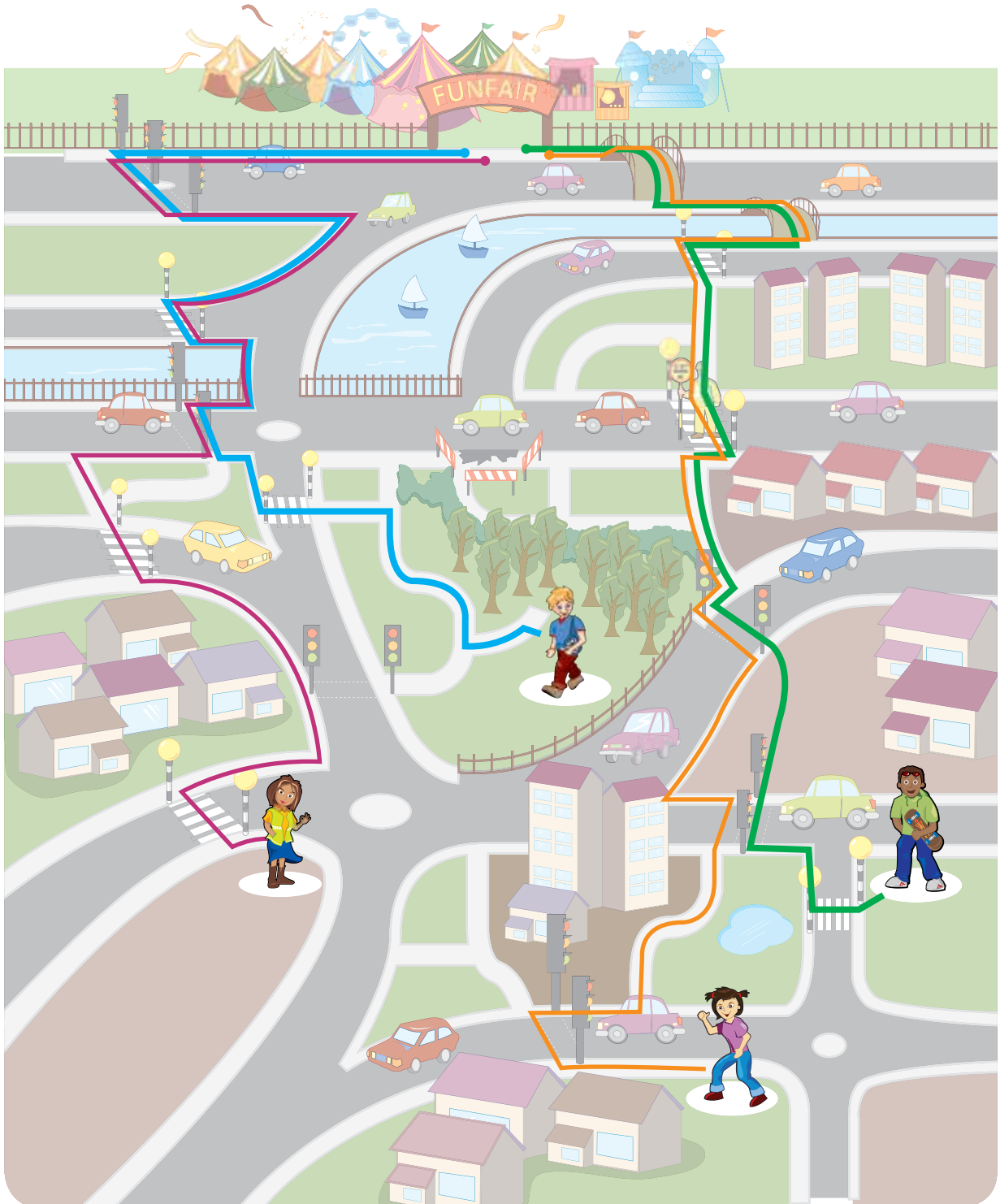
A Pelican Crossing

Name: _____

Class: _____

Find the safest route

Can you help the Street Safe Squad find the safest route to the Fun Fair?



Safe Cross Codebreaker

How well do you know your Safe Cross Code?

Fill in the blanks and number the pieces so the code is complete and in the right order.

1

First find a **safe** place to cross, then **stop**.



2

Cross when there is no traffic and there is enough **time** to get to the other side without running. If you are unsure don't cross.



3

Stand on the footpath, but not too close to the edge of the kerb.



4

Keep **looking** and **listening** for traffic as you cross the road. **Walk** straight across the road. Do not run.

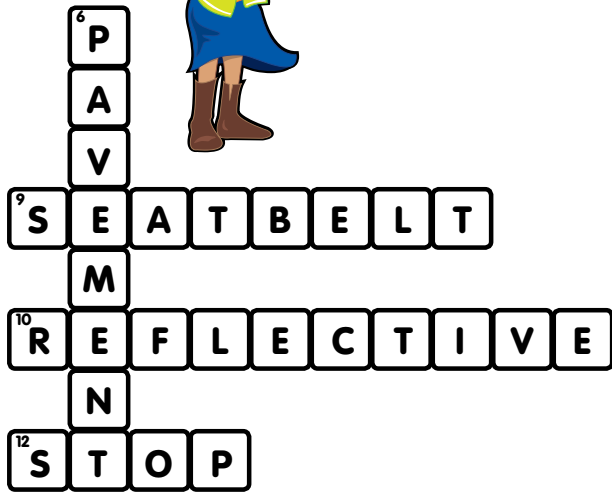


5

Look and **listen** in all directions for any traffic and **think** about what you are doing.



Crossword solution

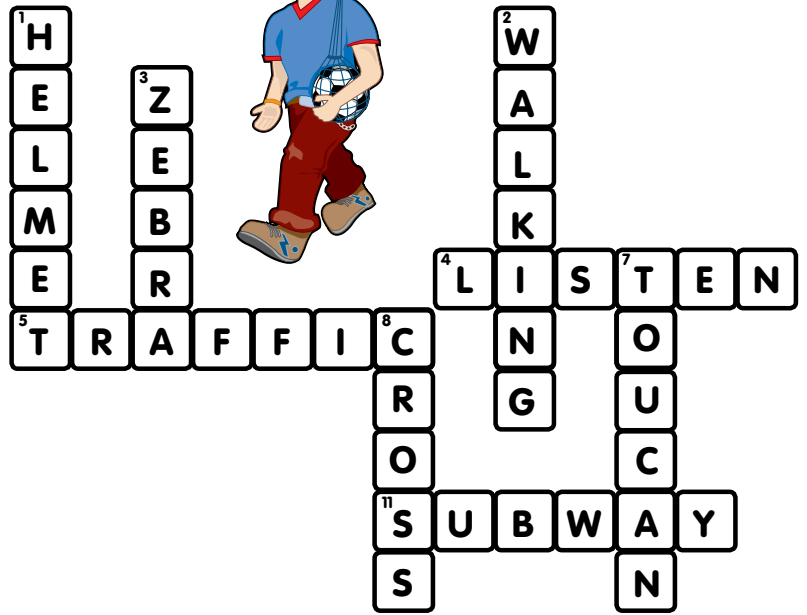


Across

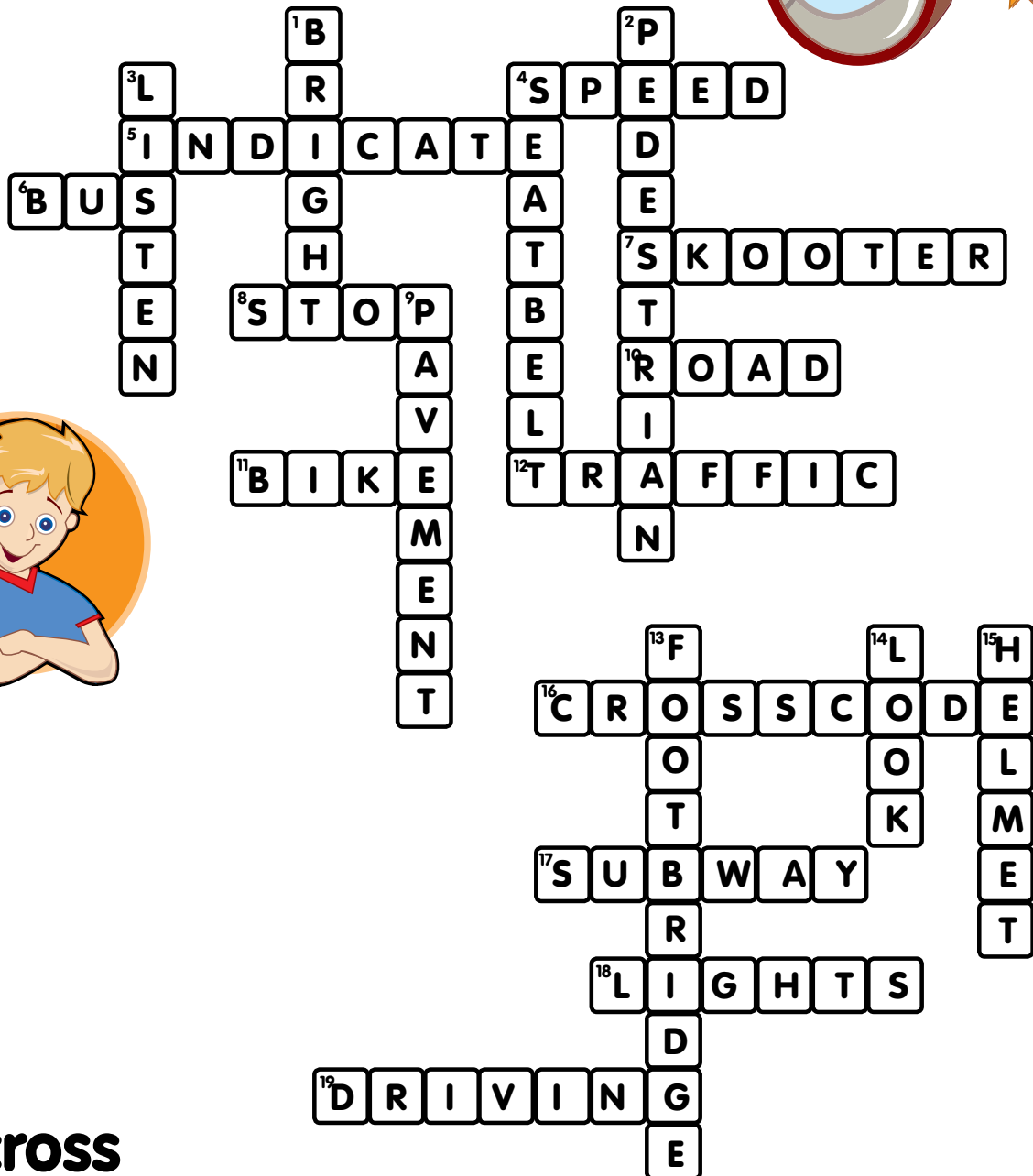
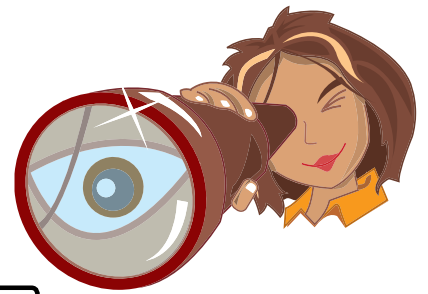
- 4. listen
- 5. traffic
- 9. seatbelt
- 10. reflective
- 11. subway
- 12. stop

Down

- 1. helmet
- 2. walking
- 3. zebra
- 6. pavement
- 7. toucan
- 8. cross



Crossword



Across

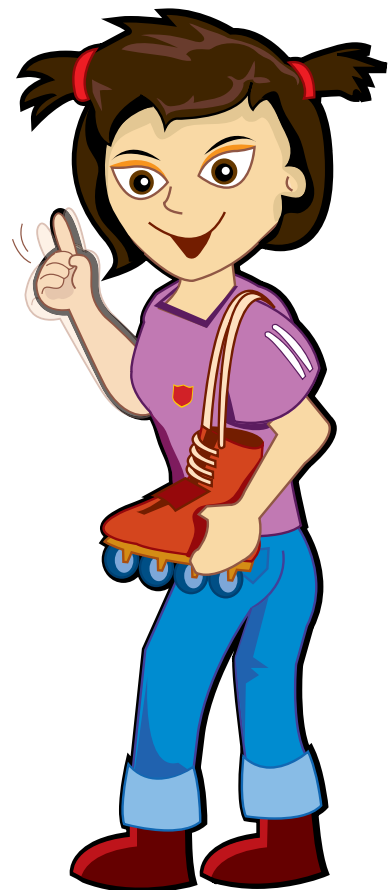
4. _____ limit (5)
5. How cars signal what direction they are going (8)
6. Popular form of public transport (3)
7. Name of Road Safety character (Check your Road Safety calendar) (7)
8. _____, Look, Listen (4)
10. What do cars travel along? (4)
11. Two wheeled method of transport (4)
12. _____ jam (7)
16. Safe _____ (5,5)
17. Underground crossing (6)



18. How drivers see better at night, by using their _____ (6)
19. _____ test a person needs to do in a car (7)

Down

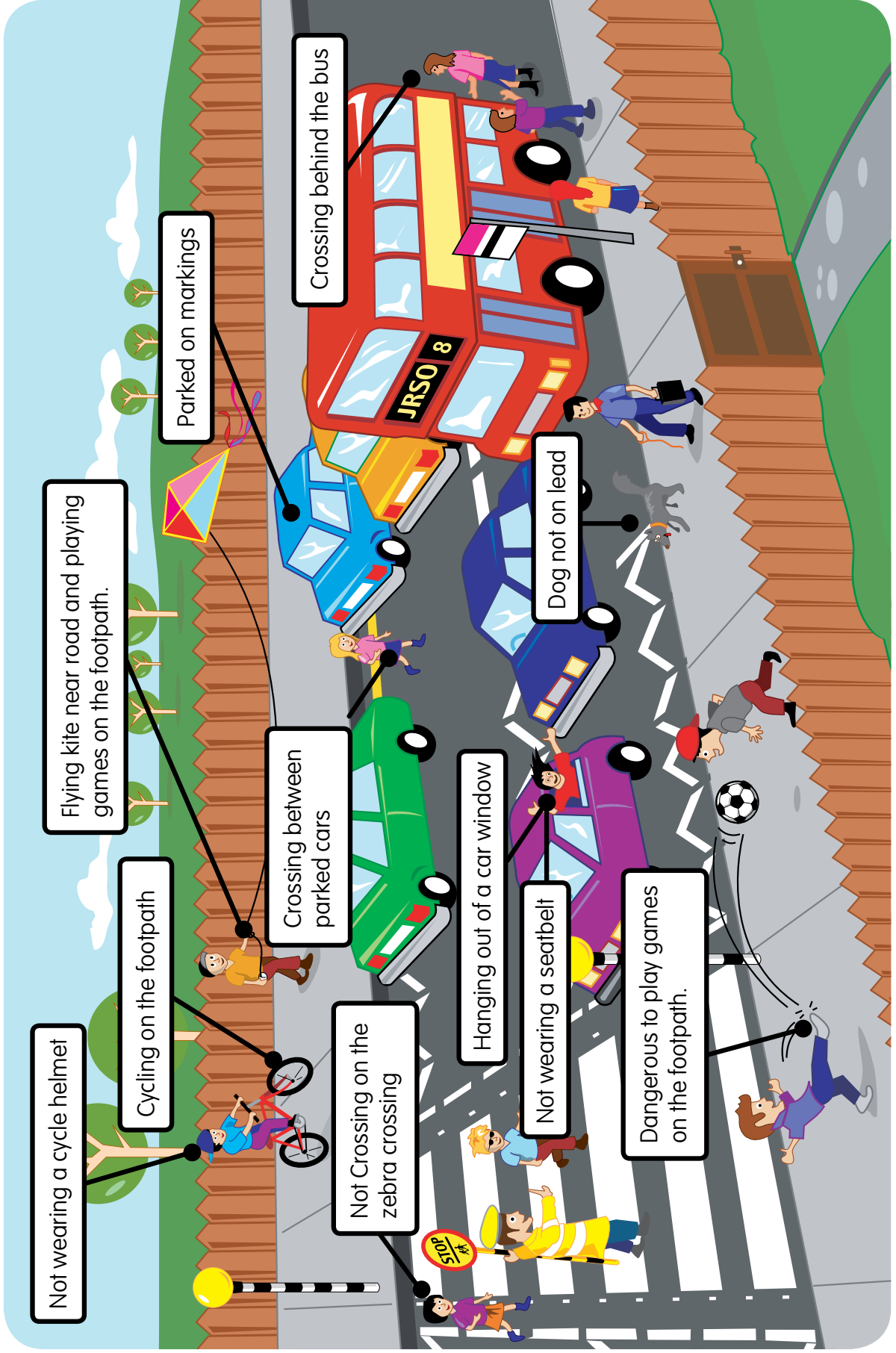
1. Wear _____ clothes during daylight (6)
2. A person travelling by foot? (10)
3. STOP, LOOK, _____ (6)
4. What should everyone wear when travelling in the car (4,4)
9. Another name for a footpath? (8)
13. Crossing located above the road (10)
14. STOP, _____, LISTEN (4)
15. What should you wear whilst riding your bicycle? (6)



Name: _____

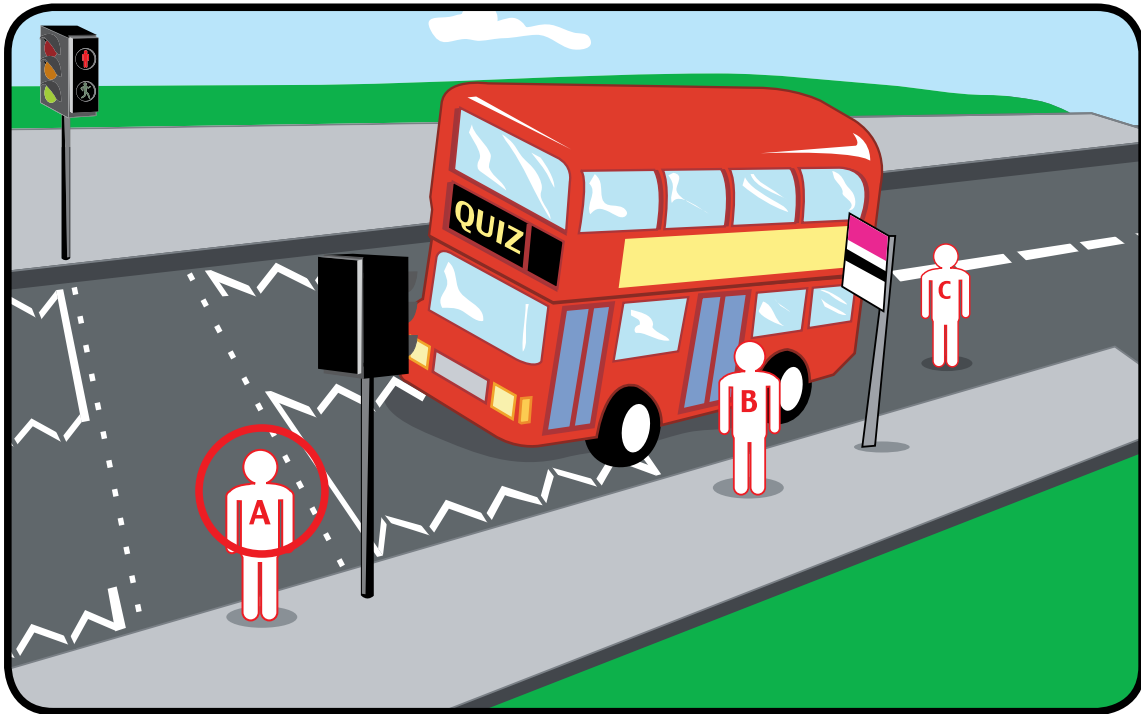
Class: _____

Spot the hazards



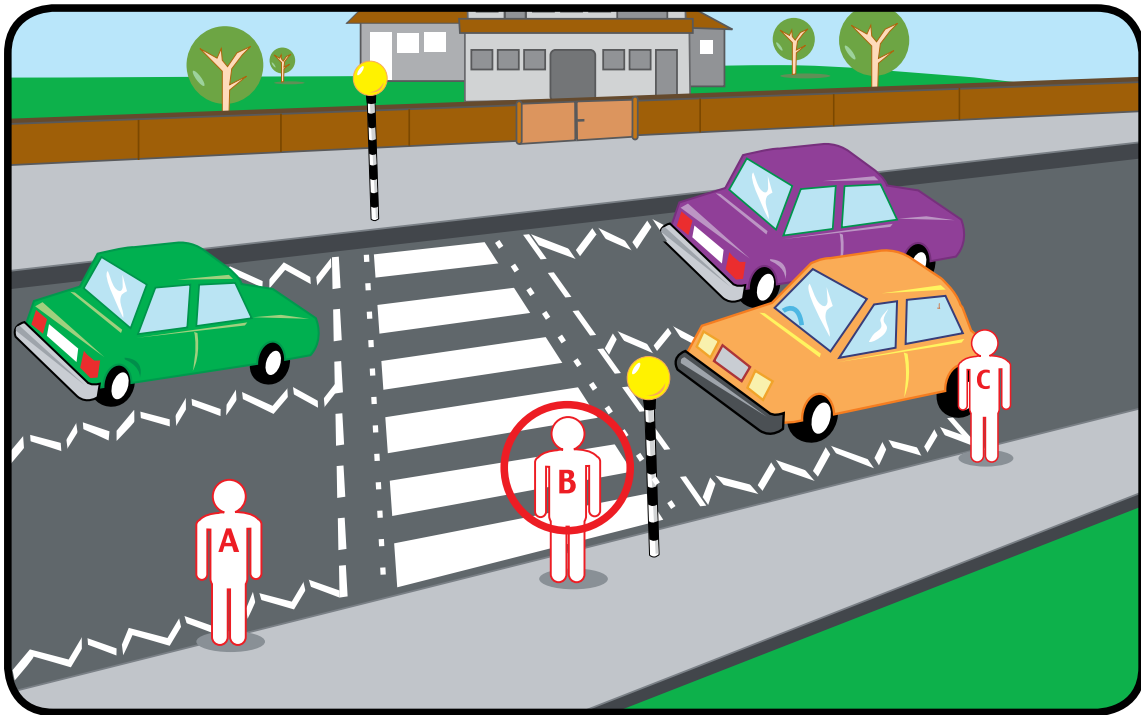
Safe crossing places

Circle where you would cross after leaving a bus and say why.



Answer: Person A is crossing at the safest place. Even if you can't see any vehicles you should always cross at a crossing if there is one. Drivers expect you to cross here.

Circle the person who has chosen the safest place to cross to get to school and say why.



Answer: Person B has chosen the safest place to cross - the zebra crossing. Drivers expect you to cross here.

Unscramble these Words



cleyc
cycle

eesdp
speed

isgtlh
lights

iatx
taxi

spto
stop

knhit
think

rac
car

olok
look

nsteli
listen

rlory
lorry

ubs
bus

Unscramble these Words



erkdap rsca
parked cars

nieplac gsorscin
pelican crossing

aefs srcso dceo
safe cross code

cloohs ginrocscs dwnrea
school crossing warden

gnidvri
driving

fifcrat gstlhi
traffic lights

laikwgn
walking

aagdr
garda

iednpsetar
pedestrian

potfhtoa
footpath

godfotbrie
footbridge

otolcymrce
motorcycle

erbza osicngsr
zebra crossing

yaubsw
subway

fcfirta dainsl
traffic island

Word search

Try to find the words below

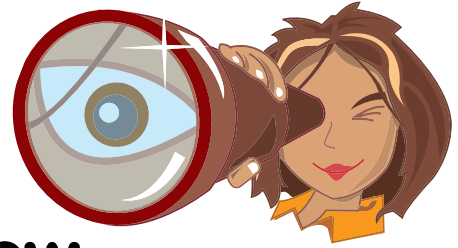


S	T	H	E	L	M	E	T	R	A	R	C	B
O	L	F	F	K	D	M	E	P	G	O	F	N
Q	U	A	O	P	L	N	S	V	N	A	E	J
C	R	O	S	S	I	E	Y	P	B	D	I	T
B	O	L	O	Z	L	T	F	F	R	N	H	A
H	J	M	Q	U	E	S	P	V	G	E	D	P
T	F	I	A	F	C	I	T	E	B	C	A	R
P	G	O	A	S	S	L	E	I	N	T	L	M
K	C	S	T	L	E	B	T	A	E	S	J	K
V	E	T	X	W	L	L	A	R	T	E	Y	T
S	R	O	U	T	O	P	S	L	O	O	K	B
T	M	P	E	L	H	T	R	A	F	F	I	C

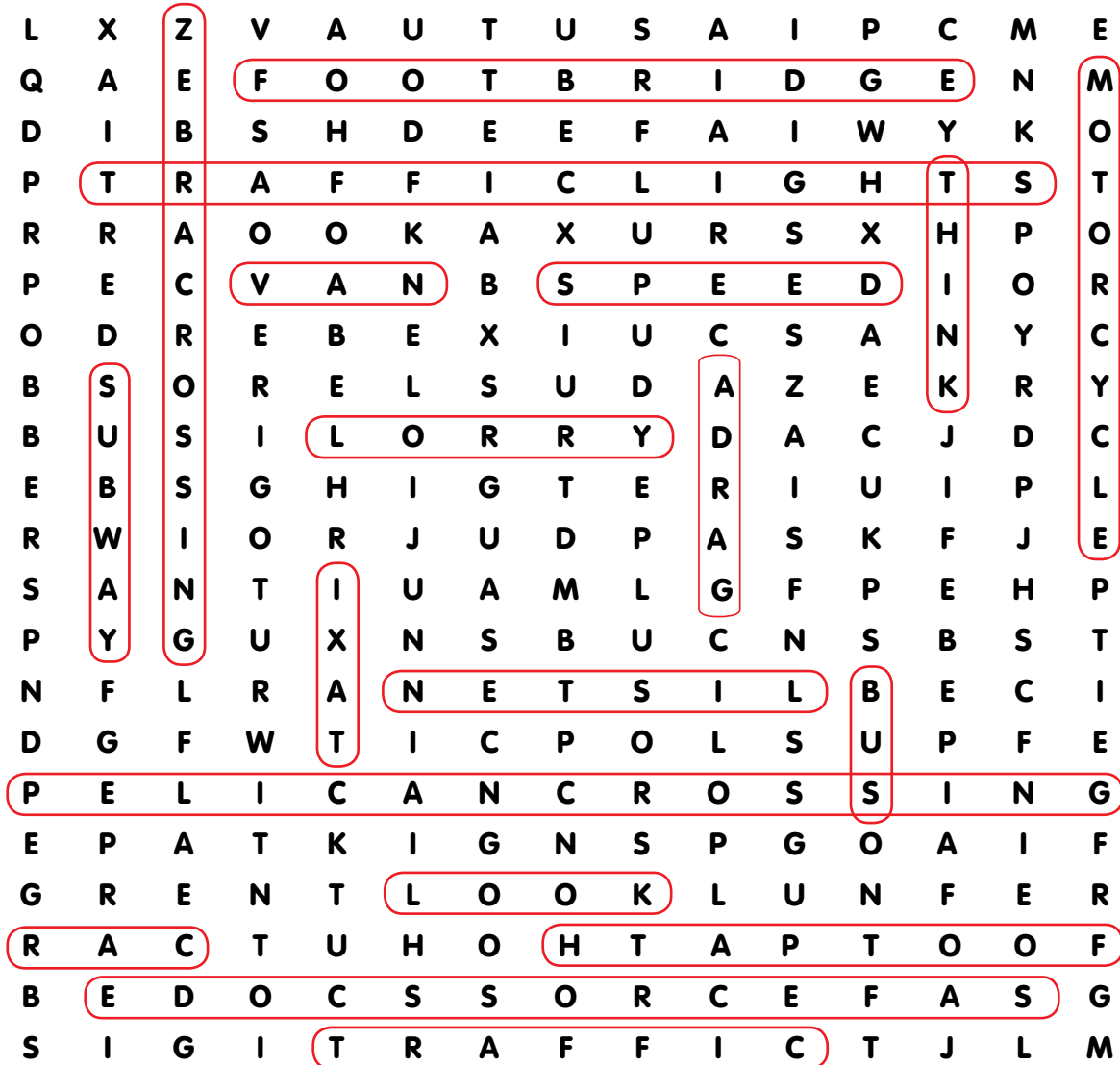
- 1) safety
- 2) look
- 3) listen
- 4) stop
- 5) road

- 6) cross
- 7) car
- 8) helmet
- 9) seatbelt
- 10) traffic

Word search



Try to find the words below



1) footbridge

2) zebra crossing

3) subway

4) pelican crossing

5) traffic lights

6) garda

7) look

8) footpath

9) motorcycle

10) listen

11) van

12) lorry

13) think

14) car

15) bus

16) speed

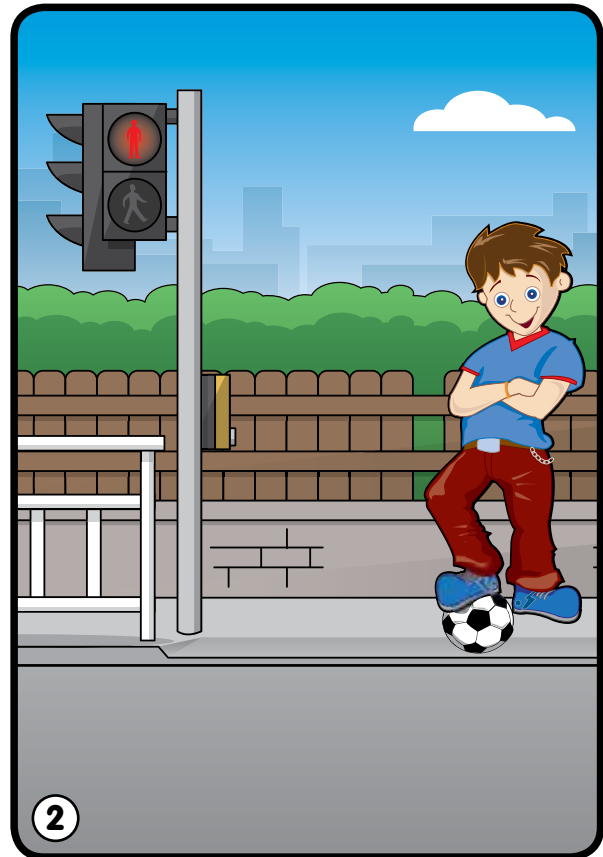
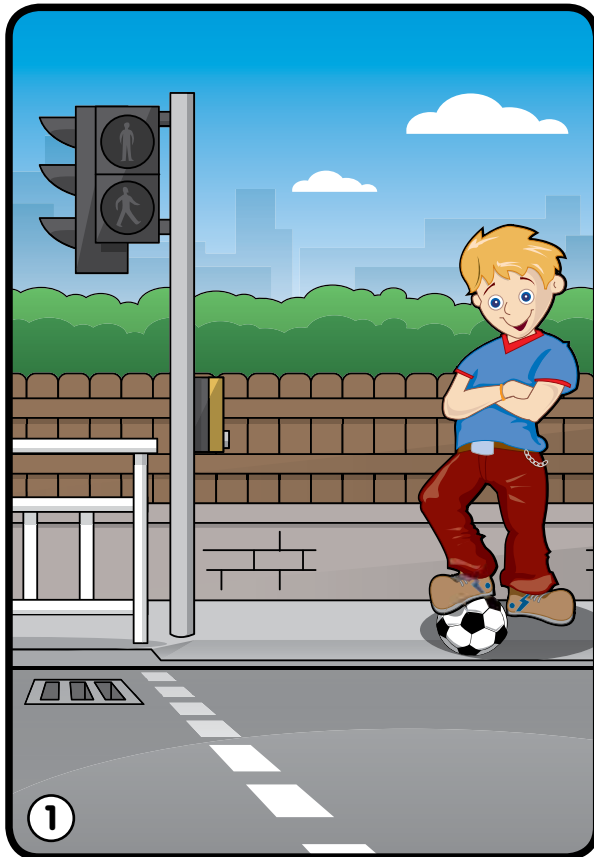
17) taxi

18) safe cross code

19) traffic

Spot the difference

Can you spot the 8 differences between picture 1 and 2 below?



1. Red man lit
2. Cloud missing
3. Fence post missing
4. Boy's hair colour
5. Boy's shoe colour
6. Shadow under boy
7. Drain in road
8. White lines on road

Know your Road Signs

Colour in the road signs the way they should look, then use the Word Bank to name each sign.



H U M P
B A C K
B R I D G E



M A X I M U M
S P E E D
L I M I T



G I V E
W A Y



C A T T L E
C R O S S I N G



T R A F F I C
L I G H T S



S C H O O L
C R O S S I N G
W A R D E N



R O A D
W O R K S



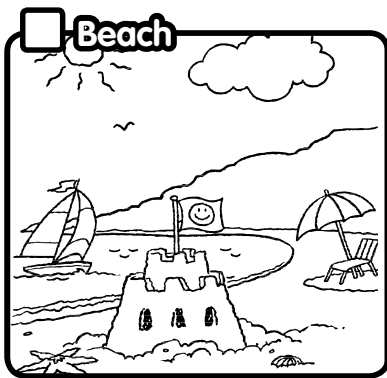
N O
C Y C L I N G

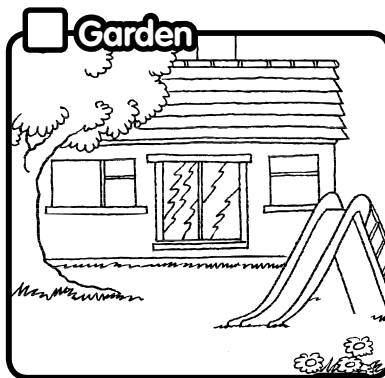
Word Bank

Maximum Speed Limit
Cattle Crossing
Traffic Lights
Give Way
Hump Back Bridge Road
Works
School Crossing Warden
No Cycling

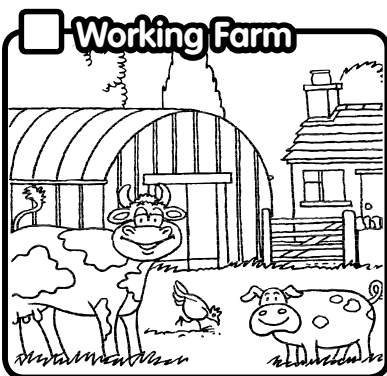
Safer places to play

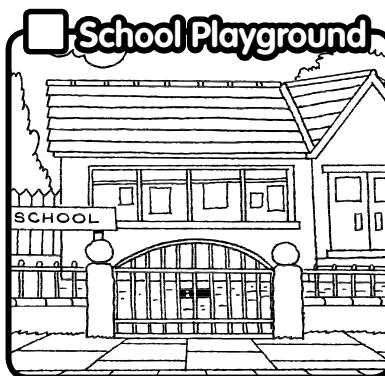
Tick the 3 safer places to play, then write a sentence below each drawing saying why its safe or unsafe to play there.











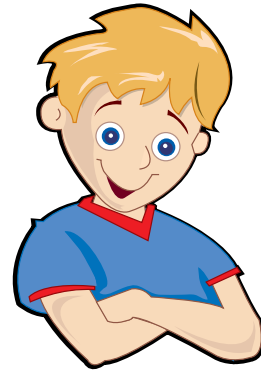


Safer places to play

Are these safe places to play? Tell us what you think and why.

	Safe	Unsafe
Busy street	<input type="checkbox"/>	<input type="checkbox"/>
<input type="text" value="Why?"/>		
Garden	<input type="checkbox"/>	<input type="checkbox"/>
<input type="text" value="Why?"/>		
Park/skate park	<input type="checkbox"/>	<input type="checkbox"/>
<input type="text" value="Why?"/>		
Building site	<input type="checkbox"/>	<input type="checkbox"/>
<input type="text" value="Why?"/>		
Farm yard	<input type="checkbox"/>	<input type="checkbox"/>
<input type="text" value="Why?"/>		
School playground	<input type="checkbox"/>	<input type="checkbox"/>
<input type="text" value="Why?"/>		
Railway crossing	<input type="checkbox"/>	<input type="checkbox"/>
<input type="text" value="Why?"/>		
Car park	<input type="checkbox"/>	<input type="checkbox"/>
<input type="text" value="Why?"/>		

Unscramble these Words



Unscramble the words below then use them to complete the sentences:

steleatb

seatbelt

Always wear your seatbelt

kclob

block

Never block the rear view mirror

gensrat's

stranger's

Never get into a stranger's car

tractisd

distract

Never distract the driver

hotpatof

footpath

Always get out on the footpath side, if possible

peno

open

Never open the car door when the car is moving

rowth

throw

Never throw anything out of the car window

Name: _____

Class: _____

Match the Words

Draw a line from the word in column A to the matching word in Column B like the example for seat belt.

Column A

Seat

Puffin

Crossing

Pelican

Sub

Blind

Cycle

Safe Cross

Motor

Speed

Round

Traffic

Speed

Garda

Column B

Crossing

way

Crossing

belt

Warden

about

spot

bump

Code

lane

cycle

Officer

lights

camera



Know your bike

See if you can name the parts of the bike then answer the questions about looking after your bike.



H A N D L E B A R

S A D D L E

B R A K E
L E V E R

R E F L E C T O R

T Y R E

C H A I N

P E D A L

Before going out on your bike, you should always carry out these safety checks:

- A:** Air - check your tyres are inflated and have good tread
- B:** Brakes - check your brakes work and are in good order
- C:** Chain - is it lubricated?
- D:** Drop - drop you bike from a height of 6cm and catch, listening for the sound of loose nuts

Get in gear and get going!



When cycling,
always remember to:

- Wear your helmet
- Wear bright coloured or reflective clothes
- Make sure your bicycle has reflectors and lights



Junior Road Safety Officer

Check out before you step out!

When crossing between parked cars:

- Make sure there are no drivers in the cars (in case the cars move)
- Walk carefully and stop at the edge of the car
- Use the Safe Cross Code



Junior Road Safety Officer

Be safe!

Be seen!



**If you go out when
it's getting dark:**

- Always wear bright or reflective clothing, so drivers can see you
- Reflective gear also looks really cool!



Junior Road Safety Officer

Safe Cross Code

When crossing roads follow these simple steps:

1. Look for a safe place.
2. Don't hurry, stop and wait.
3. Look all around and listen before you cross the road.
4. Let all the traffic pass you.
5. Walk straight across.
6. Keep walking.



Junior Road Safety Officer

Travelling by bus

At _____
Primary School, we are
children who:

- Stand back from the kerb when the bus approaches.
- Wait for the bus to stop and always let passengers off first.
- Never distract the driver.
- Don't push or shove.
- Store our bags safely.
- Wear a seat belt, if one is available.
- Never walk in front or behind a bus as the driver may not see us.
- When the bus has moved away, use the Safe Cross Code if we need to cross the road.



Junior Road Safety Officer

Travelling by car

Wear your seat belt!

Remember children under the age of 12 and under 135cms in height must use the correct child seat.

**At _____
Primary School, we are children who:**

- **Do not block the driver's view in the mirror.**
- **Never lean or wave out of the window or throw or hang anything out.**
- **Only open doors or windows if it is safe.**
- **Keep our hands away from door handles when the car is moving.**
- **Use the door on the footpath side and only get out when it is safe.**



Junior Road Safety Officer

Always hold hands

Holding hands with
an adult can help
keep you safer
when near traffic.



Junior Road Safety Officer

Stop, Look, Listen



**Stop, look and listen
before you cross
the street,
use your eyes and
ears before you
use your feet!**



Junior Road Safety Officer