



Community

CONNECT | LOUTH & MEATH

WELLBEING MAP - LOUTH

5 WAYS TO WELLBEING



KILLANNY PLAYGROUND
53.95881487643797, -6.648367075632248

5 WAYS TO WELLBEING



ST BRIGID'S SHRINE
54.051628538141685 -6.38379386214471

5 WAYS TO WELLBEING



OMEATH GREENWAY
54.05669097407241 -6.190671872939451

5 WAYS TO WELLBEING



BLACKROCK
53.96822994194765 -6.361872415437508

KNOW YOUR FLAGS AT THE BEACH

-  **Swimming Zone Lifeguard on Duty.** Swim between the Flags.
-  **DANGER No Swimming.**
-  **NO FLAG No Lifeguard on duty!**

5 WAYS TO WELLBEING



ARDEE LIBRARY
53.83598988062343 -6.520640116123801

HOW MANY OF THE '5 WAYS' DID YOU ACHIEVE AT EACH LOCATION?

Keep a tally of which 5 ways to wellbeing you encounter on your visits

3 out of 5, During my visit to St. Oliver Plunkett Shrine, I connected, took notice and I learnt something new

ST. OLIVER PLUNKETT'S SHRINE
53.95881487643797, -6.648367075632248

5 WAYS TO WELLBEING



OLD MELLIFONT ABBEY
53.74217055859666 -6.466242485440008

5 WAYS TO WELLBEING



CLOGHERHEAD TRAIL
53.79333702982521 -6.221364158512539

5 WAYS TO WELLBEING



TERMONFECKIN BEACH
53.759929651650936, -6.247677200783772

5 WAYS TO WELLBEING








ST. OLIVER PLUNKETT'S SHRINE
53.716915585708385, -6.350493547595739

MAP LEGEND

 Beach	 Library	 Youth Clubs	 Women's Shed
 Walkway	 Heritage Site	 Cycleways	 Sports & Leisure
 Playground	 Park Run	 Hike/Woodlands	 Family Resource Centre
 Men's Shed	 Other Group	 Culture Groups	 LCDC
 Community Centre	 Lifelong Learning & Education	 Tourist Information	 Cooley Connect Well

MUNICIPAL DISTRICTS

-  Dundalk/Carlingford
-  Dundalk South
-  Ardee
-  Drogheda Urban
-  Drogheda Rural

DUNDALK BAY

Please note: Markers on the map are not exact locations and are used to showcase selection of amenities in the County

DUNDALK/CARLINGFORD

COMMUNITY SPACES

- Cooley men's shed
- Cooley Connect Well
- Cooley Hall
- Kilcurry Resource Centre
- Mullaghbuoy Hall
- The Foy Centre
- The Dolmen Centre
- Cooley Youth Club
- Ravensdale Forest
- The Táin Way
- omeath Greenway
- omeath Playground
- Cooley Kickhams Playground
- Carlingford Playground
- Lordship Playground
- Kilcurry Playground

ACTIVE SPACES

- Templetown Beach
- Gyles' Quay
- Carlingford Greenway
- Slieve Foye
- Annaloughan Loop walk

LEARNING SPACES

- Carlingford Tourist office
- Carlingford Library
- King Johns Castle
- Proleek Dolmen
- Castle Roche



ARDEE



COMMUNITY SPACES

- Dunleer Men's shed
- Mid-Louth Men's shed
- Ardee Parish Centre
- Dee Hub
- The Market House, Dunleer
- Lann Leire Pavillion, Dunleer
- Aclint Community Hall
- Darver Community Centre
- LLDC Ardee office
- Louth Village Youth Club
- Mid Louth Youth Service
- Scoraíocht Lann Léire

ACTIVE SPACES

- Annagassan Beach
- Railway Walk & Memorial Park, Ardee
- Fairgreen Ardee
- Dunleer
- Tinure
- Killanny
- Castlebellingham
- Louth Village

LEARNING SPACES

- Ardee Library
- Dunleer Library
- Ardee Castle
- Jumping Castle

DROGHEDA RURAL

COMMUNITY SPACES

- Tullyallen Men's Shed
- Clogherhead Women's Shed
- Tullyallen Community Centre
- Clogherhead Community Centre
- Clogherhead and Dunleer Loop
- Clogherhead
- Tullyallen

LEARNING SPACES

- Beaulieu House and Garden
- old Mellifont Abbey
- Monasterboice Round Tower

ACTIVE SPACES

- Termonfeckin Beach
- Clogherhead Beach
- Clogherhead Cliff Walk
- Townley Hall Loop
- Tullyallen Cycle Loop

DISCOVER BOYNE VALLEY



DUNDALK SOUTH

COMMUNITY SPACES

- Dundalk Men's Shed
- Dundalk Women's Shed
- Muirhevnamor Community Centre
- Blackrock & Haggardstown Community Centre
- Kilkerry Community Centre
- Cuidign Linn
- disABILITY Louth
- Redeemer Family Resource Centre
- LLDC Dundalk Office
- Culture Connect Dundalk
- Somali Irish community
- African Cultural Centre
- Dundalk Youth Centre
- Autism Rocks Arch Club
- Blackrock Youth Club
- The House, Cox's Demesne
- Muirhevna Mór Community Youth

ACTIVE SPACES

- Dundalk Sports Centre
- Aura Dundalk Swimming Pool
- Dundalk Park Run DkIT
- Dundalk Junior Park run
- Blackrock Beach
- Blackrock 'Around the Rock' Walk
- Stephenstown Pond
- Dundalk Bay Loop
- Aisling Park
- Blackrock
- Stephentown Pond
- Muirhevnamor
- Clarkes Park, Marshes
- St. Helena's Park

LEARNING SPACES

- Dundalk Tourist office
- Dundalk Library
- County Museum
- Louth County Archives
- DkIT
- LMETB
- Dundalk Community Training Centre
- National Learning Network Centre, Rehab Group
- Youth Reach
- RSTC Regional Skills & Training Centre



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@sealouth

DROGHEDA URBAN

COMMUNITY SPACES

- Boyne Women's Sheds
- Drogheda Community Services Centre
- The Barbican Centre
- Lourdes Recreation and Community Centre
- Holy Family Community Centre, Ballsgrove
- Lifestyle Development Group
- Drogheda & District 4 older People
- Connect Family Resource Centre
- LLDC Drogheda office
- Culture Connect Drogheda
- Boomerang Café
- Ballsgrove Youth Club

ACTIVE SPACES

- Lourdes Stadium
- Aura Leisure Centre, Drogheda
- Drogheda Steps Walk
- St Dominics Park
- Moneymore
- Boice Court

LEARNING SPACES

- Drogheda Tourist office
- Drogheda Library
- Magdalene Tower
- Millmount Museum
- Drogheda Institute of Further Education
- Drogheda College, LMETB



Please note: This is only a selection of community, active and learning spaces

Transport for Ireland Need a lift?

www.transportforireland.ie • www.irishrail.ie • www.buseireann.ie

Other ways to Positive Mental Health with the support of #YourCommunity'

CONNECT



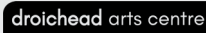
GET ACTIVE



TAKE NOTICE



KEEP LEARNING



GIVE



WEBSITE



EMAIL healthylouth@louthcoco.ie

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@healthylouthcoco