



**It's ok to
Make Mistakes,**

**it's what we
do **AFTER** that
counts.**



**YOU ARE
JUST HUMAN.**

**BEING IMPERFECT DOES
NOT MAKE YOU ANY
LESS**



**NEVER A
FAILURE**

**ALWAYS
A LESSON**

The image features a solid green background with a faint, stylized pattern of leaves and branches. In the center, there is a white circular area with a slightly distressed or hand-drawn border. Inside this circle, the text "My Feelings" is written in a green, serif font. Below it, the words "are allowed" and "to be here" are written in a green, cursive script font, stacked on two lines.

My Feelings

*are allowed
to be here*



ANXIETY IS A VISITOR
PASSING THROUGH

I will Be OK

The image features a central, light-colored rock with a rough, textured surface. The rock is set against a dark purple background with thin, vertical, light-colored lines that resemble blades of grass. The text is centered on the rock. The word "COMPARISON" is written in a bold, serif font. Below it, the words "is the" are written in a cursive script. The word "THIEF" is written in a bold, serif font. Below it, the words "of Joy" are written in a cursive script.

COMPARISON

is the

THIEF

of Joy


I'M NOT
PERFECT BUT

I'm Worth It



The image features a central white circular area containing text, surrounded by a wreath of small orange leaves. The background is a solid orange color with large, stylized floral silhouettes in a darker shade of orange at the bottom. The text is centered and reads:

FAILURE
*is not the opposite
of success*
IT'S PART OF SUCCESS



IT'S OK to be
BRAVE and
AFRAID at the
same time

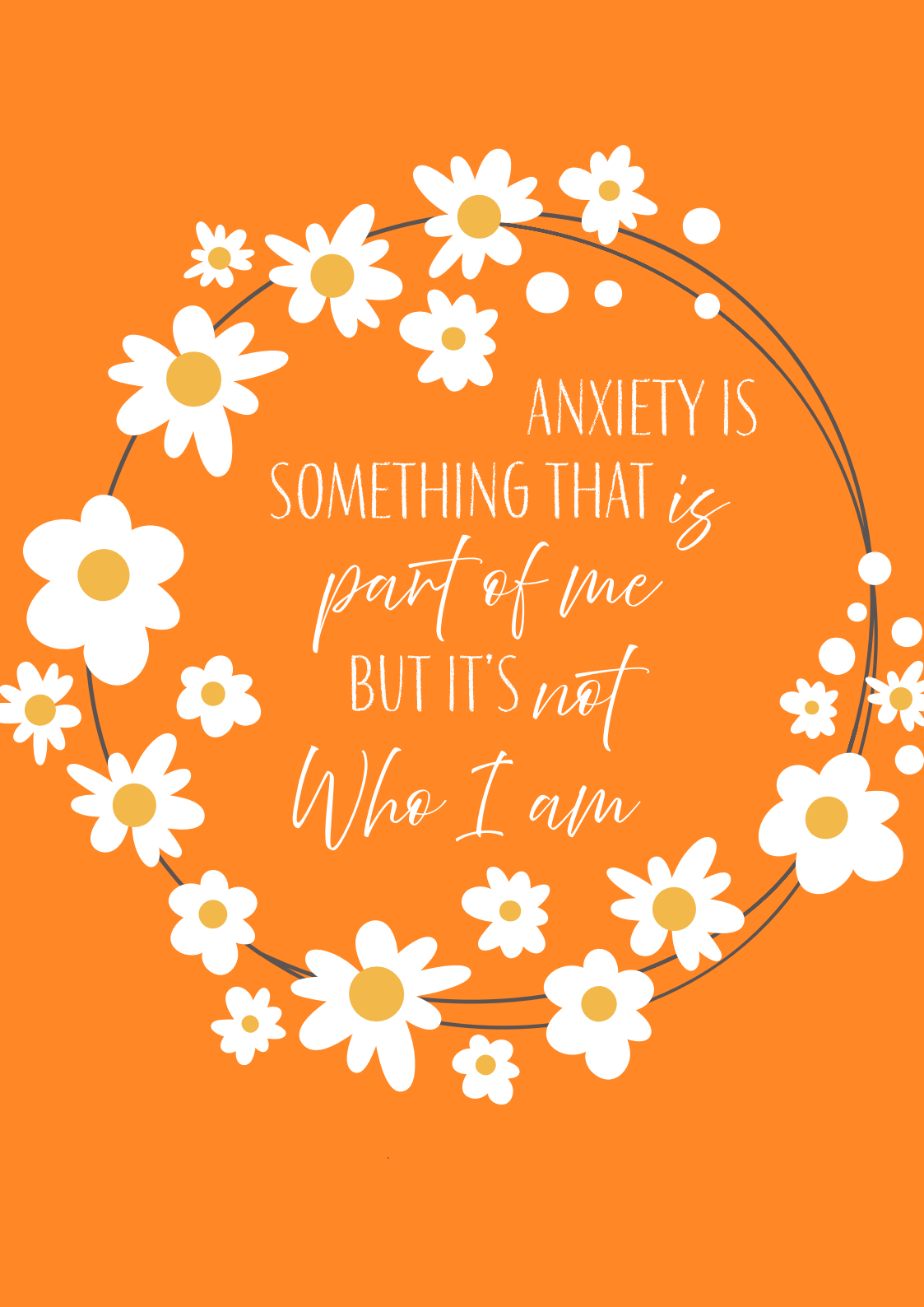
THE WORD
'Imperfect'
ACTUALLY SPELLS
'I'm perfect'
BECAUSE EVERYONE IS
PERFECT IN THEIR OWN
imperfect WAY



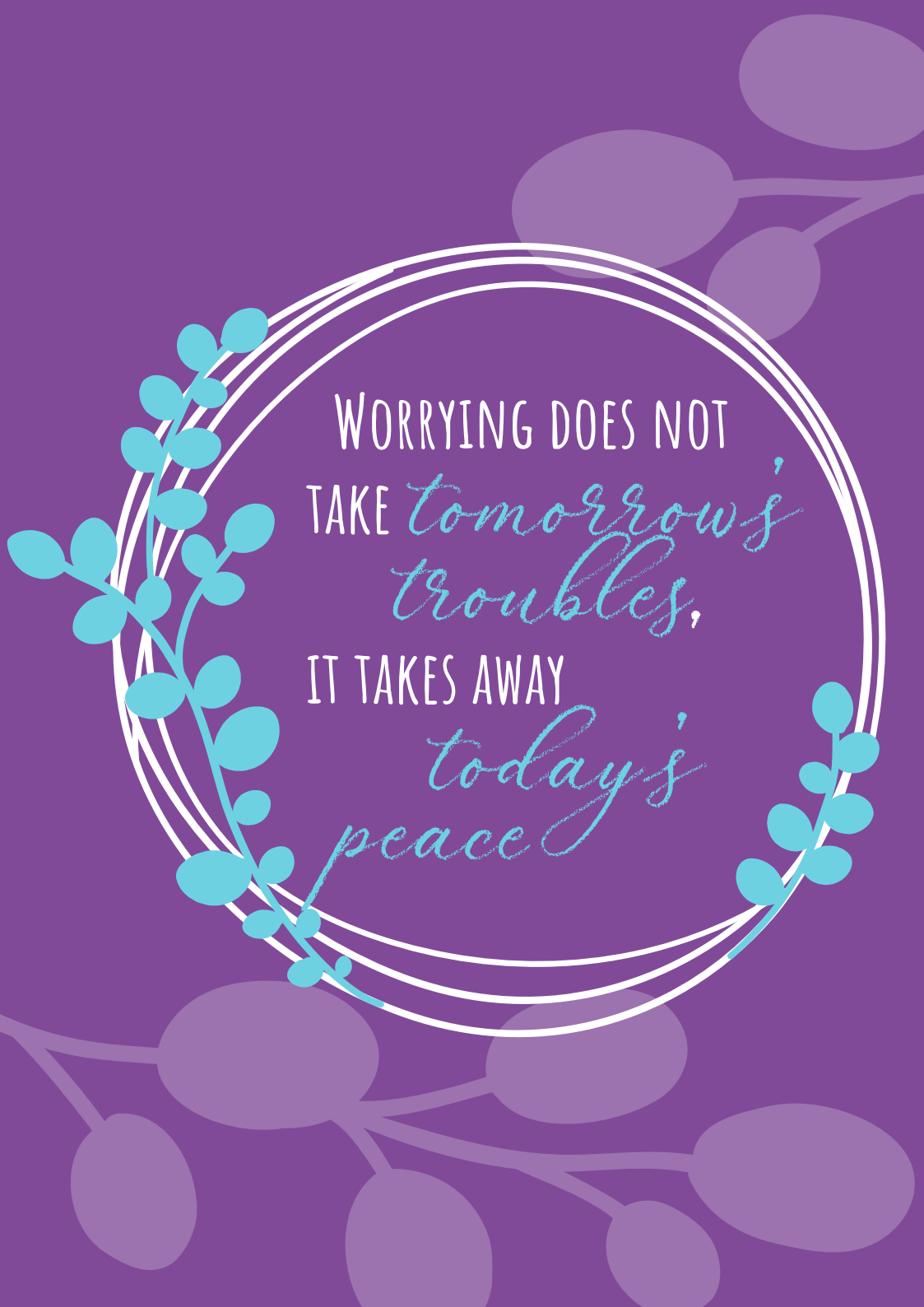


LIFE IS
NOT ALWAYS


PERFECT. LIKE A ROAD IT HAS
MANY BENDS, UPS AND DOWNS
BUT THAT'S ITS BEAUTY



ANXIETY IS
SOMETHING THAT *is*
part of me
BUT IT'S *not*
Who I am



WORRYING DOES NOT
TAKE *tomorrow's*
troubles,
IT TAKES AWAY
today's
peace

The image features a vibrant green background filled with stylized tropical plants, including palm trees and large leaves. A large, white, circular area with a slightly distressed, torn-edge border is centered on the page. Inside this circle, the text is written in a mix of black and green fonts. The word 'Sometimes' is in a black cursive font. 'the MOST IMPORTANT' is in a bold, green, sans-serif font. 'THING in a whole' is in a black cursive font. 'day is the rest taken' is in a black cursive font. 'between TWO DEEP' is in a bold, green, sans-serif font. 'BREATHS' is in a bold, green, sans-serif font.

Sometimes
the **MOST IMPORTANT**
THING in a whole
day is the rest taken
between **TWO DEEP**
BREATHS